

Sharing of AMR control in local public hospital - hurdles and ways to overcome

Vincent CC Cheng

MBBS (HK), MD (HK), MRCP (UK), PDipID (HK), FRCPath, FHKCPath, FHKAM (Pathology)

Consultant & Infection Control Officer, Queen Mary Hospital Hon Associate Professor, Department of Microbiology, The University of Hong Kong



Press release: <u>Previous page</u> | <u>1,2,3,4,5,6,7,8,9</u> Research tools

disease epidemics are prolonged.

Antibiotic resistance WHO sites

Health tonics

Current report

Press kit

Drug-resistant strains of microbes are having a deadly impact on the fight against tuberculosis, malaria, cholera, diarrhoea and pneumonia - major diseases which together killed more than 10 million people last year. Some bacteria are resistant to as many as

"Disastrously, this is happening at a time when too few new drugs are being developed to replace those that have lost their effectiveness. In the race for supremacy, microbes are sprinting ahead. The gap between their ability to mutate into drug-resistant strains and man's ability to counter them is widening fast", the

Many of the most powerful antibiotics have been rendered impotent. The two most common bacteria which are the major cause of death in children through acute respiratory infections, particularly pneumonia, are becoming more and more resistant to

Antibiotic resistance in hospitals worldwide threatens to leave medical and public health workers virtually helpless in the prevention or treatment of many infections. Antibiotic resistant bacteria are responsible for up to 60% of hospital-acquired infections in the United States, for example. Resistance means that people with infections are ill for longer periods, and are at greater risk of dying, and that

Infectious diseases kill over 17 million people a year: WHO warns of global crisis

The Ten Biggest Killers

The Ten Most Comr Infections

Why diseases are spreading Epidemics of 1995 Infectious diseases and

New Diseases Antihintic resistance

9. Priorities for action

Contents

y patient type

why a Campaign?

oals & Methods

artnerships

et Involved! eb Resources ontact Us

y tool type

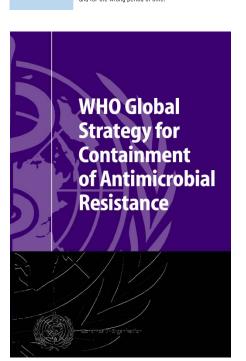
"All bacteria possess an inherent flexibility that enables them, sooner or later, to evolve genes that render them resistant to any antimicrobial. The implications are awesome: drugs that cost tens of millions of dollars to produce, and take perhaps 10 years to reach the market, have only a limited life span in which they are effective," the report says. "As resistance spreads, that life span shrinks; as fewer new drugs appear, the gulf widens between infection and control."

A major cause of the antibiotic resistance crisis is the uncontrolled and inappropriate use of antibiotics globally. They are used by too many people to treat the wrong kind of infections at the wrong dosage and for the wrong period of time.

Worldwide Concern on Improving the containment of Antibiotic Resistance (2001)

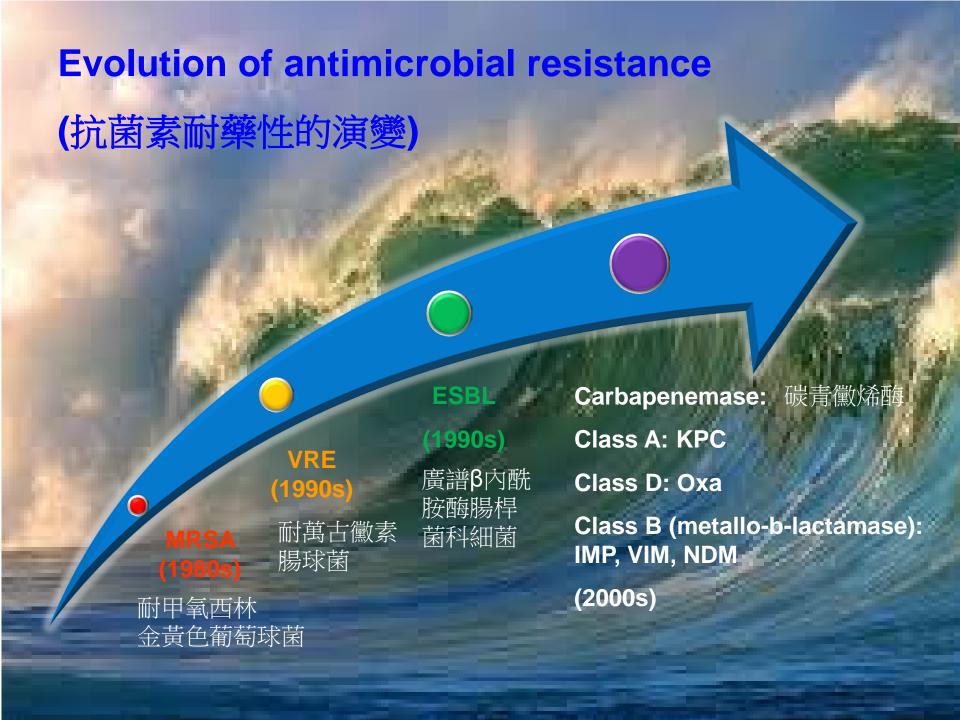
"Antibiotics" - "Societal drugs"





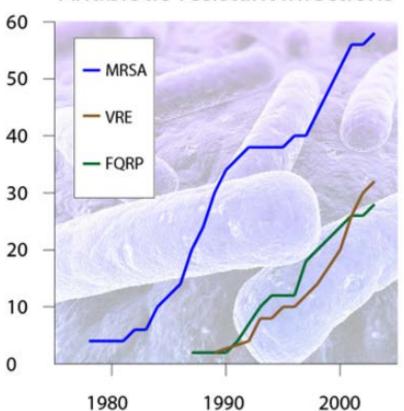


http://www.cdc.gov/ http://www.who.int/en/ http://www.idsociety.org/



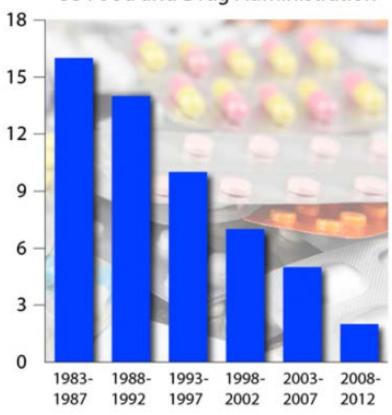
Inverse trajectory of declining antibiotic development

Antibiotic-resistant infections



Source: Centers for Disease Control and Prevention

New antibiotics approved by the US Food and Drug Administration



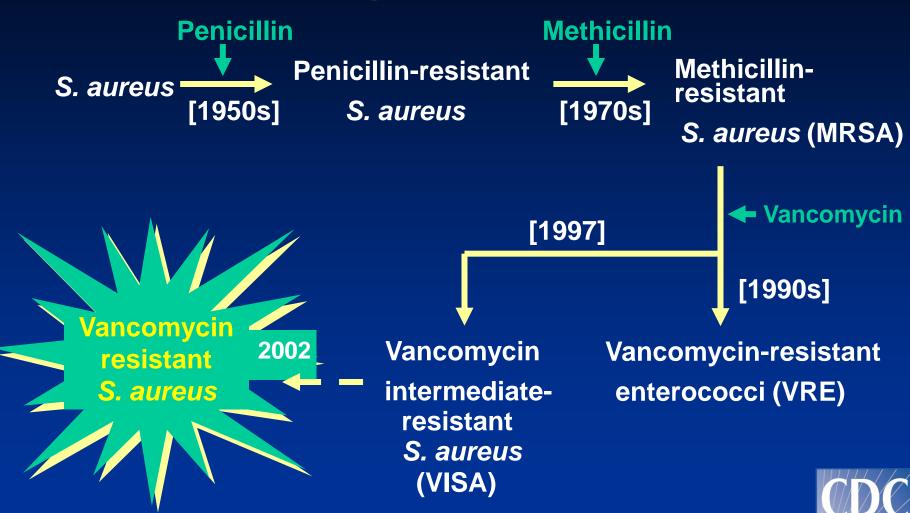
Source: Infectious Diseases Society of America

Antimicrobial stewardship & optimization program: patient safety vs public health concern





Evolution of Drug Resistance in S. aureus



GUIDELINES FOR PRESCRIBING VANCOMYCIN & TEICOPLANIN IN ADULTS Adapted from 1995 CDC recommendations

From the Working Group on Rational Prescribing of Drugs, QMH

(A) Indications for using vancomycin/ teicoplanin

- Therapy of infections attributed to β-lactam resistant Gram +ve organisms (mainly MRSA)
 - & MRSE), viz:
 - a) B-lactam resistant Gram +ve organism confirmed by culture
 - b) suspected infective endocarditis (IE) affecting prosthetic device, awaiting microbiology
- 2. Empiric treatment of fever in
 - a) neutropenic patient
 - b) ICU patient

with: \langle

- i) evidence of central line inflammation, or
- ii) Gram +ve cocci revealed by blood culture or smear from appropriate specimens* (until confirmed to be ß-lactam sensitive); otherwise consider cloxacillin therapy **
- 3. Serious infections due to Gram +ve bacteria in patients with 'allergy' to ß-lactam antimicrobials.
- 4. Failure of antibiotic associated colitis to respond to metronidazole or if it is life-threatening.
- 5. Prophylaxis in patients vulnerable to IE and at high risk during potentially bacteraemic procedures/episodes; i.e. those with
 - a) recent exposure or hypersensitivity to penicillin or
 - b) prosthetic heart valves, vascular shunts or other devices or past history of IE.
- Prophylaxis against wound infection during major surgery for insertion of prosthetic device (e.g. artificial heart valve, hip).
- 7. As an additional antibiotic in the empiric treatment of presumed pneumococcal meningitis.

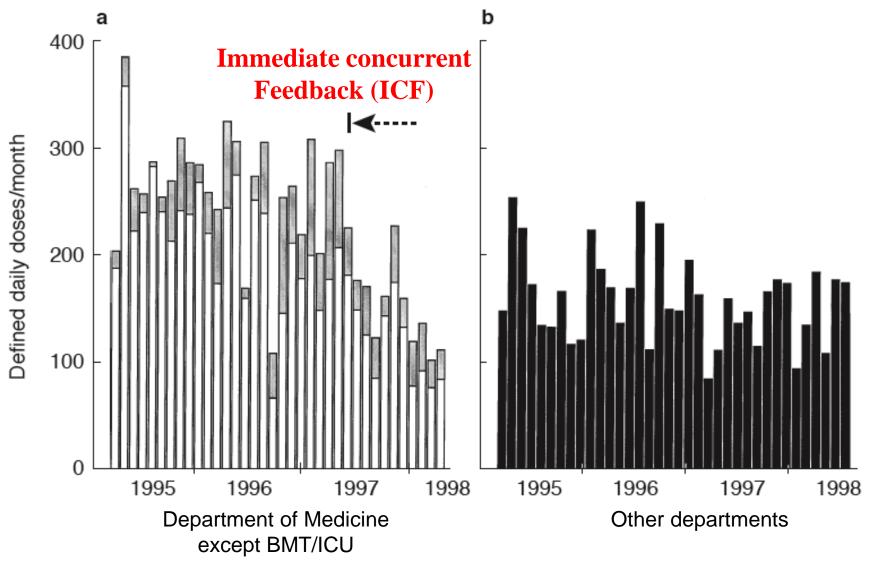
GUIDELINES FOR PRESCRIBING VANCOMYCIN & TEICOPLANIN IN ADULTS Adapted from 1995 CDC recommendations

From the Working Group on Rational Prescribing of Drugs, QMH

B) Situations/conditions in which vancomycin is not advised

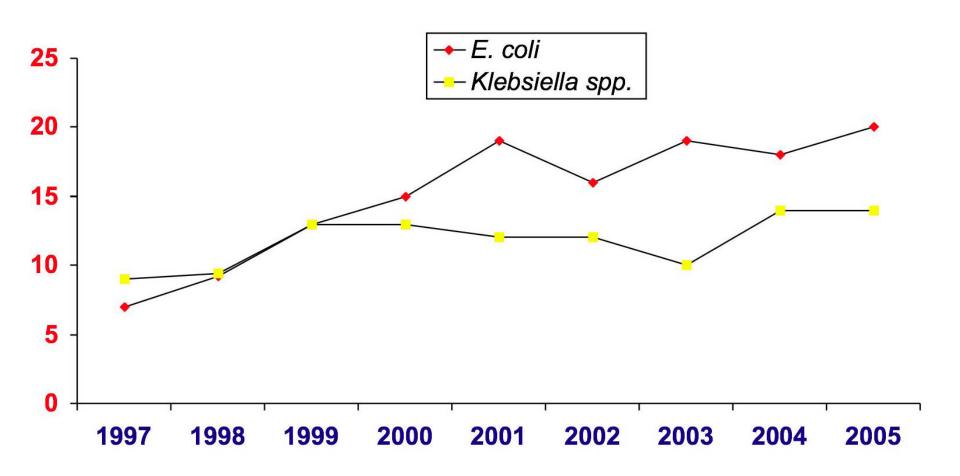
- Initial empiric treatment of febrile neutropenia, except with central 'IV line' inflammation, or Gram
 +ve cocci incriminated (see A2).
- Only one (of at least two blood cultures taken around the same time from 2 distinct sites) is +ve for Coagulase negative Staph (e.g. S. epidermidis), Bacillus species or diphtheroids.
- Continued empiric treatment for 'sepsis'/fever, if cultures yield no ß-lactam-resistant Gram +ve microbe (after 48 h).
- 4. Treatment of B-lactam-sensitive microbial infections in renal failure patients.
- Routine prophylaxis against infection/colonisation: a) of central or peripheral lines (via IV route) and locally (e.g. heparin lock); b) during surgery; c) for gut decontamination; d) for CAPD, haemodialysis or changing Tenckhoffs; e) for low birth weight infants.
- Eradication of MRSA from colonised surfaces and/or any other form of topical application/irrigation.
- Primary treatment (orally) of antibiotic associated colitis; metronidazole preferred, except if lifethreatening.

Glycopeptide (vancomycin, teicoplanin) usage in Queen Mary Hospital before and after antibiotic auditing



Br J Clin Pharmacol. 2001 Oct;52(4):427-32.

Overall prevalence of ESBL for *K.pneumoniae* and *E. coli* among all isolates in Queen Mary Hospital



Big-Gun antibiotic audit (2002)

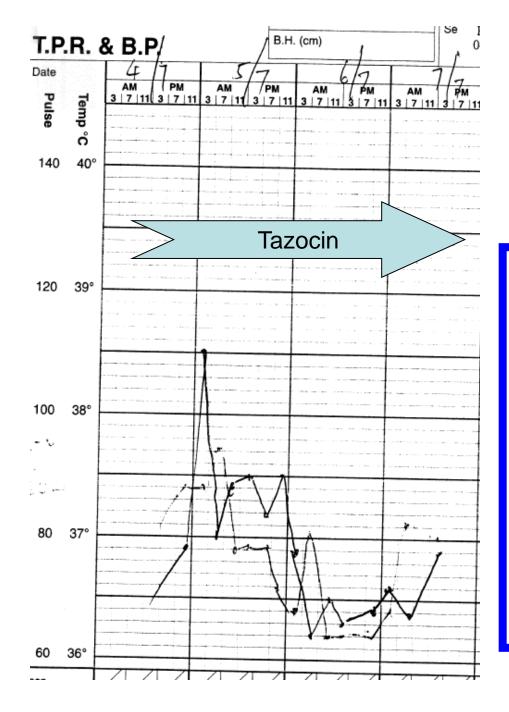


'Big Gun' Antibiotics in General Wards

	Appropriate Reason for Preference		
'Big Gun' Antibiotic	Invasive Infection Rx (Known /Suspected Pathogen)	Empirical Rx	
Imipenem	Atypical Mycobacteria* e.g. <i>M. chelonae</i>	1. Neutropenic fever (Quant' & Qual')	
Meropenem Cefepime	ESBL (or AmpC β- lactamase) producing organisms	2. Fever in Transplant recipient on immunosupression + +3. Severe sepsis	
Ceftazidime	 P.aeruginosa[†] Melioidosis 	4. Deteriorating or fever persisting ≥72h	
Tazocin	P.aeruginosa [†]		

Preferably with:- other drugs*; an aminoglycoside † ; a macrolide or doxycyline ‡

Use of broad-spectrum antibiotics in ALL Specialties 160 (exclude BMT) in QMH 140 DDD per 1000 patient bed days 120 Ceftazidime 100 Cefepime ■ Tienam 80 Meropenem □ Tazocin 60 ■ Sulperazon 40 20 0 2002 2003 ■ Ceftazidime 8.7 7.6 □ Cefepime 22 51 5.9 6.5 ■ Tienam 4.1 8 ■ Meropenem □ Tazocin 17.9 56.1 7.1 6.2 ■ Sulperazon



F / 67 AML (diagnosed 4/08) Chemo (4/08) Fever Admit: 4 Jul 08

	4 Jul 08	Range	Units
WBC	9.80	4.4 – 10.10	10^9/L
HGB	10.9	11.7 – 14.8	10^12/L
PLT	44	170 - 380	10^9/L
Neu	6.80	2.2 - 6.7	10^9/L
Lym	1.30	1.2 - 3.4	10^9/L
Mon	4.60	0.2 - 0.7	10^9/L
Eso	0.10	0.0 - 0.5	10^9/L
Baso	0	0.0 - 0.1	10^9/L



Working Group on Rational Prescribing of Drugs, Queen Mary Hospital From: Tel.: 2855-3553 Fax: 2855-3805 Date: Dear Dr / Prof According to an ongoing audit of antibiotic therapy in the Department of Medicine, Queen Mary Hospital, your patient (name) in Ward/bed no Kb - was prescribed Tazon and the records suggest / indicate the following: 1. Treatment of colonization and no genuine evidence of infection. 2. Treatment of a non-severe community-acquired infection. 3. Treatment of a non-severe nosocomial infection. 4. Treatment of an infection that is already responding to antibiotic with a narrow spectrum. 5. Continued treatment against pathogen(s) known to be susceptible to antibiotic with a narrower spectrum. 6. Continued treatment with a big gun antibiotic when the clinical course and subsequent finding indicate a viral infection or a non-infectious problem. Further comments: As such, treatment for your patient did not appear to conform to any of the special indications for such prescribing (see attached guidelines). PLEASE CONSIDER USING AN ALTERNATIVE AGENT OR DISCONTINUING IT. Yours sincerely

M/77

Past health: T 38 C, BP 130/80, P 79/min

IHD

PTB Chest clear

Bronchiectasis

BPH Abd mild loin tenderness on

L side

fever for 2 days

chills and rigor WCC 15.4

Cr 123

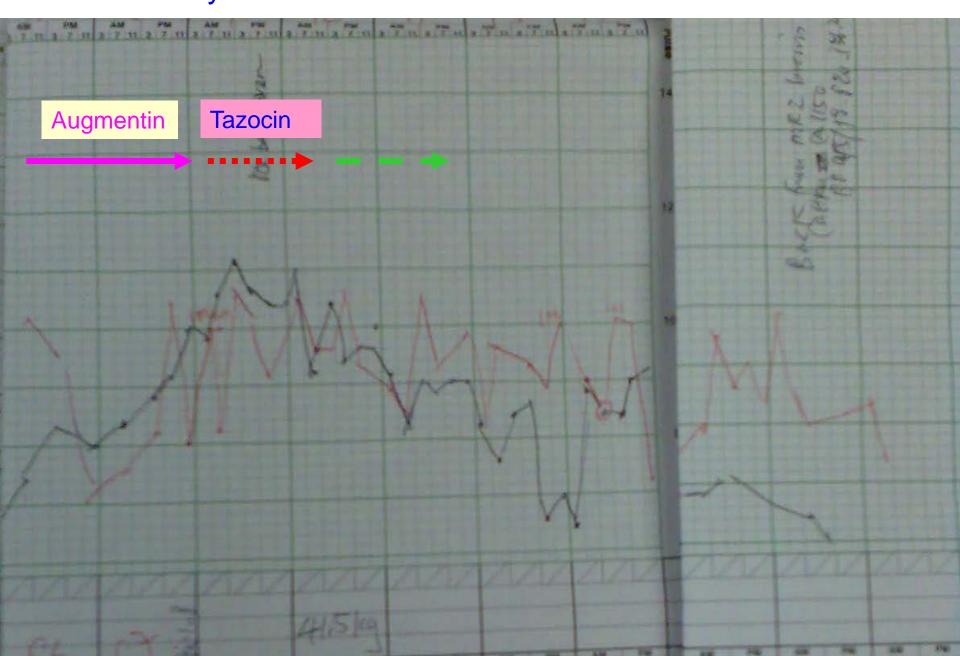
dysuria, hematuria

nausea and vomiting Septic workup done

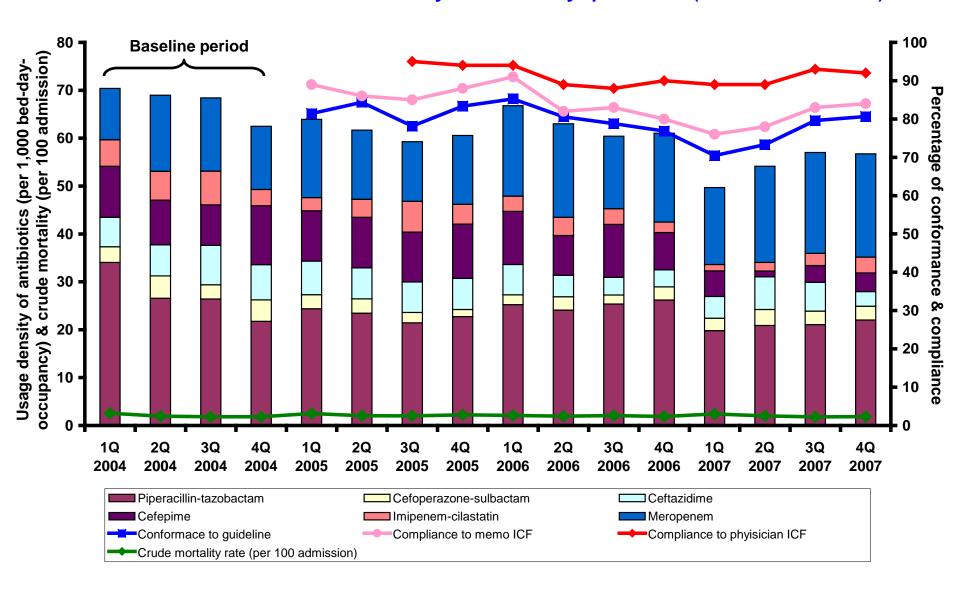
Antibiotic stewardship program



Physician Immediate Concurrent Feedback



Overview of the ASP in a 3-year study period (2005 – 2007)



抗生素導向計劃全港推行

醫院管理局資料顯示,對付「超級惡毒」的8種廣譜(可用於治療多種細菌)抗生素使用量,在過去5年間增加了逾五成,當中使用最多、治理下呼吸道或皮膚組織感染和細菌性敗血症等的哌拉西林(Piperacillin),細菌抗藥性的問題已威脅到救治病人的成效,為防此等「最後救藥」逐一失效,全港14間急症公立醫院和兩間復康醫院,已推行

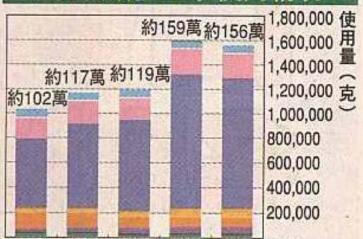
瑪麗經驗 抗生素用量跌兩成

「抗生素導向計劃」作挽救。

衛生防護中心細菌抗藥性衛生防護項目主 席何栢良教授警告,「預計未來5年再無新 的廣譜抗生素面世」,力阻濫用作爲最後防 線的廣譜抗生素急不容緩,醫生依指引處方 對症下藥是其中一個控制重點。

他指出,以瑪麗醫院04至05年實施抗生素 導向計劃的經驗(見流程圖),令去年廣譜 抗生素使用量較兩年前下跌兩成。何說,推 行計劃後,病人感染抗藥性惡菌的情况亦見 減少,高達96%的醫生處方抗生素時會依照 指引而行,較04年前遵從率50%大大提升。

8種廣譜抗生素使用情况



00/01 01/02 02/03 03/04 04/05 年度

- 壁霉素 (Teicoplanin) (數量太少,未能在圖上顯示)
 - 萬古霉素(Vancomycin)
 - 舒巴坦 (Sulperazon)
- 哌拉西林 (Piperacillin/Tazocin)
- 頭孢吡肟 (Cefepime)
- 頭孢他啶 (Ceftazidime)
- 美羅培南(Meropenem)
- 亞胺硫霉素 (Tienam/Imipenem)

資料來源:醫管局

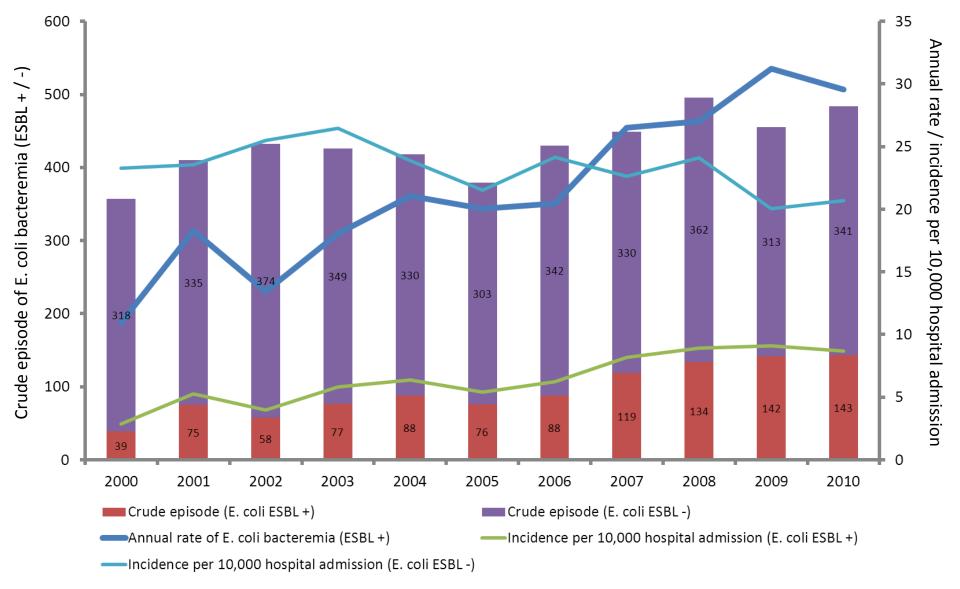
The Antibiotic Stewardship Program Hospital Authority

The Implementation Committee on Antibiotic Stewardship Program HAHO



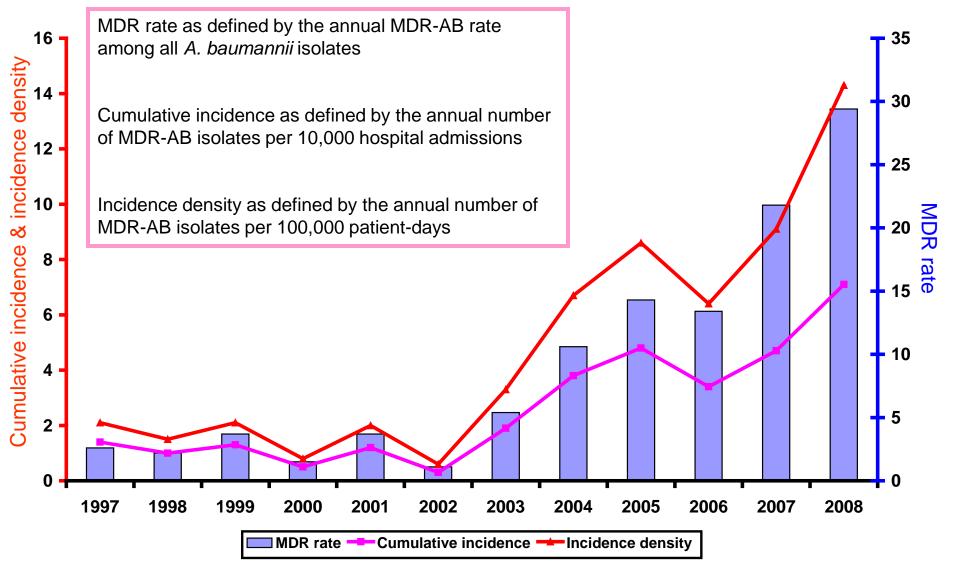
2006

ESBL-positive E. coli bacteraemia in Hong Kong, 2000-2010

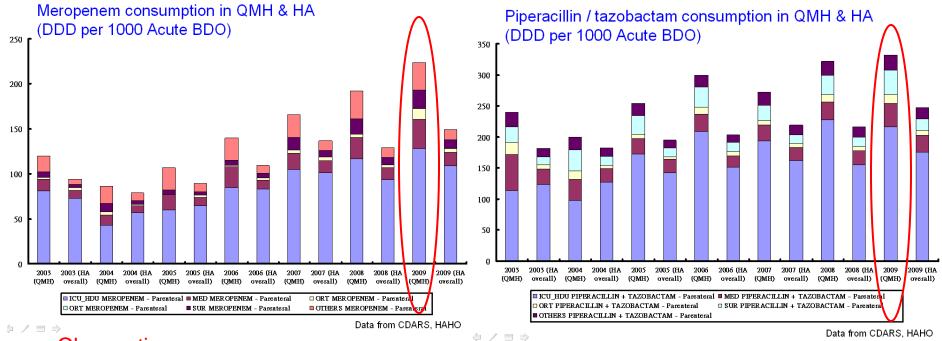


J Antimicrob Chemother. 2012 Mar;67(3):778-80.

Changes in the rate, cumulative incidence and incidence density of MDR-AB according to definition: resistance to carbapenems class (imipenem, meropenem)



Antibiotic stewardship program in Queen Mary Hospital



Observation:

↑ consumption of meropenem & piperacillin / tazobactam in QMH > HA hospitals

Recommendation:

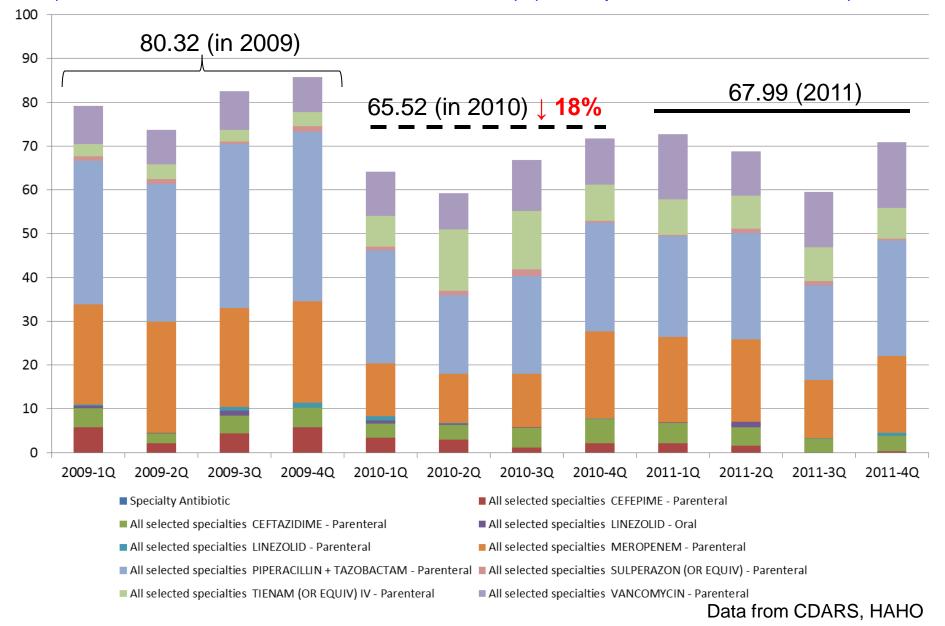
Empirical regimen of "A T & I" or "A T & T"

Stable patients: Amoxicillin / clavulanate (Augmentin®) as first line therapy

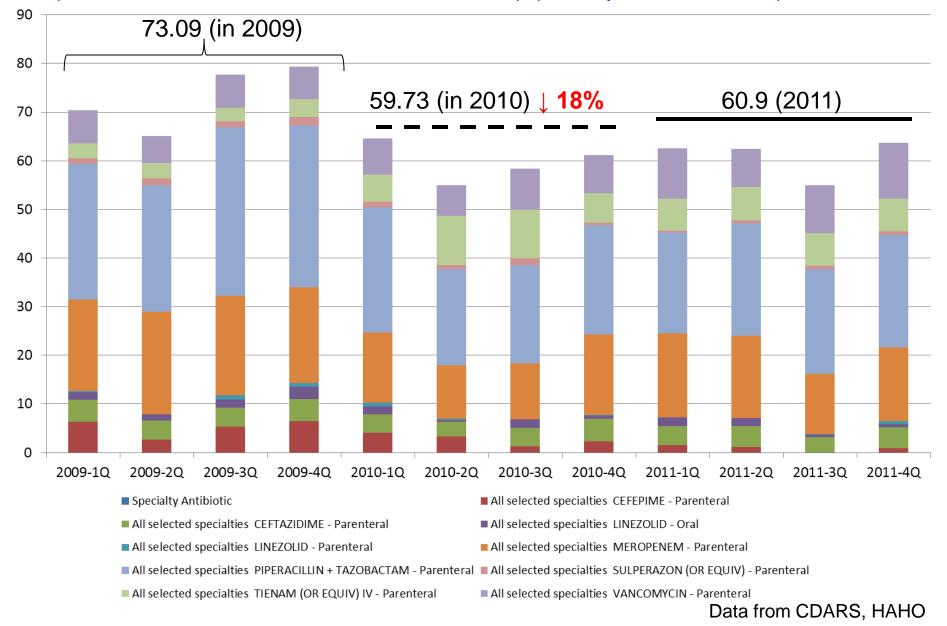
Not responding to first line therapy: <u>Ticarcillin / clavulanate (Timentin®)</u>

Critically ill patients: Imipenem / cilastatin (Tienam®)

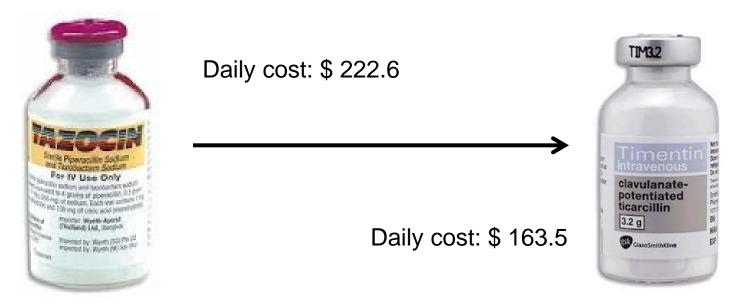
Big Gun antibiotics consumption (6 Big Gun & Van / Lin) in QMH (MED / SUR / ORT / ONC / ICU & HDU) (DDD per acute 1000 BDO)



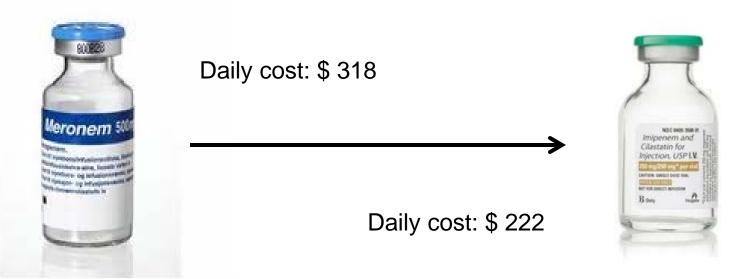
Big Gun antibiotics consumption (6 Big Gun & Van / Lin) in HKWC (MED / SUR / ORT / ONC / ICU & HDU) (DDD per 1000 BDO)



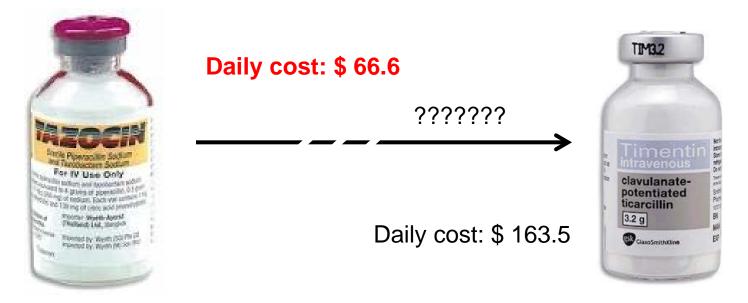
Antibiotic Stewardship Program (AT&T in 2010-2011)



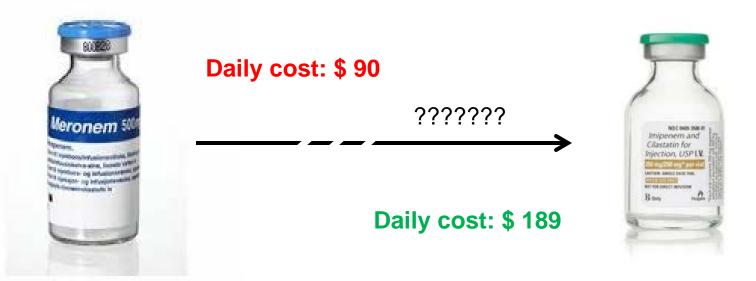
Drugs with similar pharmacodynamic / kinetic profile / susceptibility profile



Antibiotic Stewardship Program vs Cost-Effective Usage

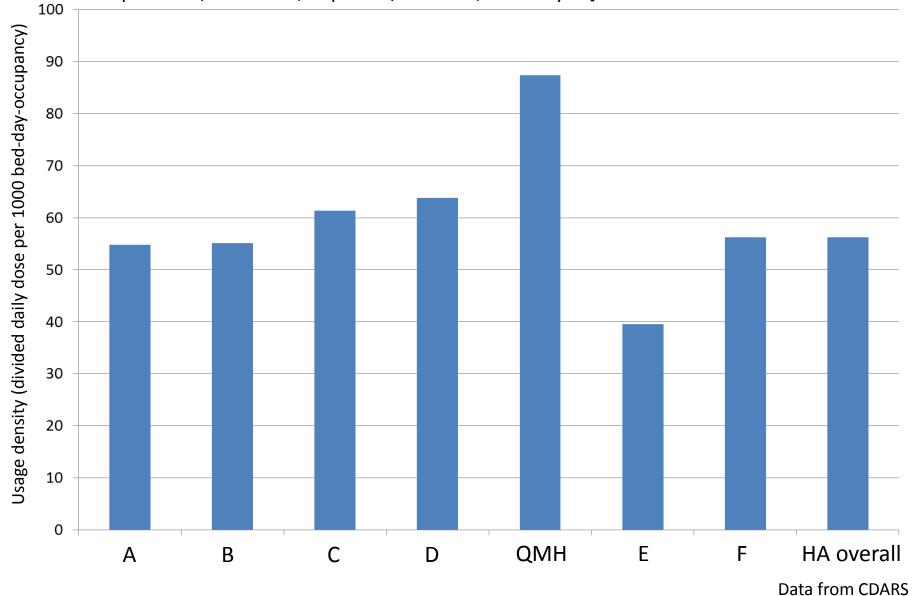


Drugs with similar pharmacodynamic / kinetic profile / susceptibility profile

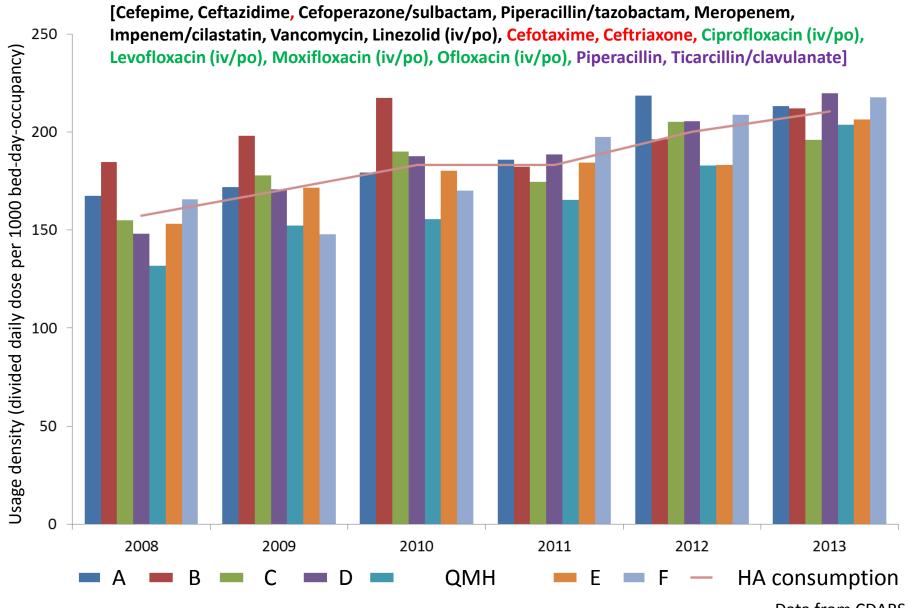


Consumption of Big Gun Antibiotics in All Specialties at 7 Hospitals of HA (2012)

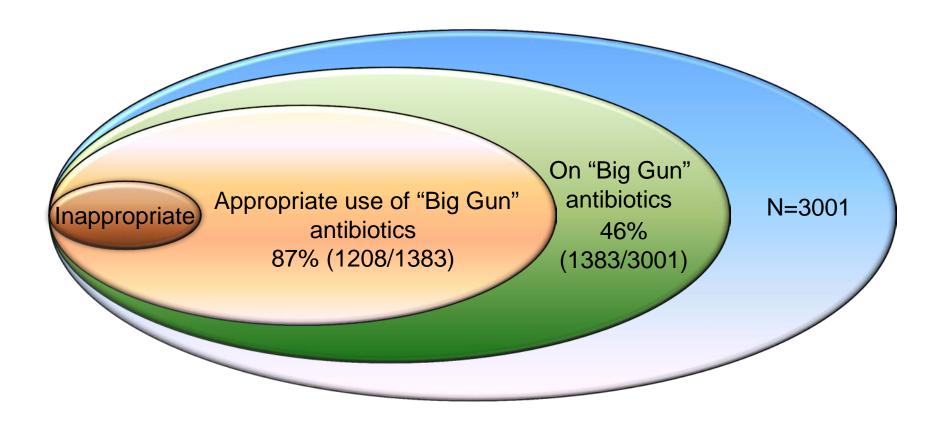
[Cefepime, Ceftazidime, Linezolid (oral & intravenous), Meropenem, Piperacillin/tazobactam, Cefoperazone/sulbactam, Impenem/cilastatin, Vancomycin]



Consumption of <u>ALL Broad Spectrum Antibiotics</u> with potential for selecting MDROs in All Key Specialties (ICU & HDU / MED / ONC / ORT / SUR) at 7 Hospitals of HA (2008 - 2013)



Microbiology & Infectious Disease Consultation between 1 Jan and 31 Jul 2014 (Queen Mary Hospital)



IMPACT Guidelines (Third Edition)



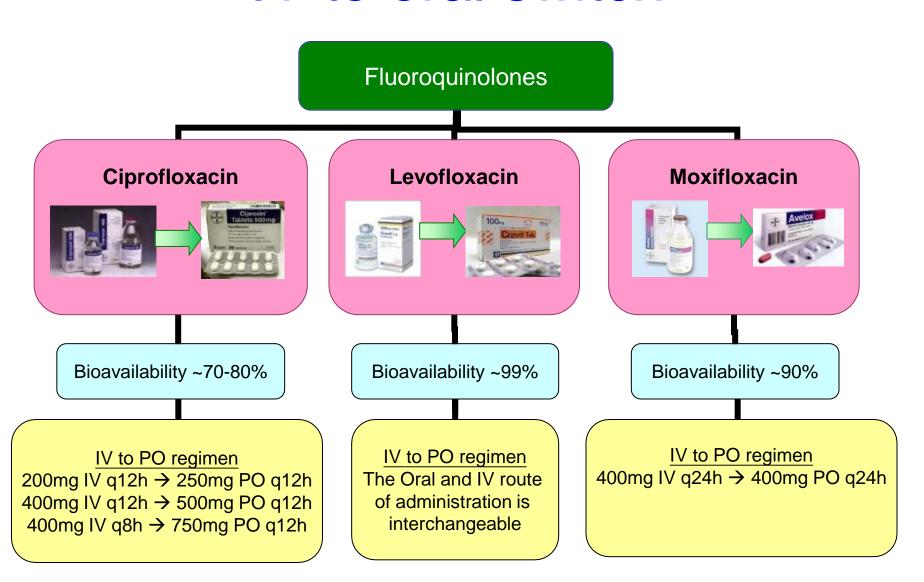


Local Key References for

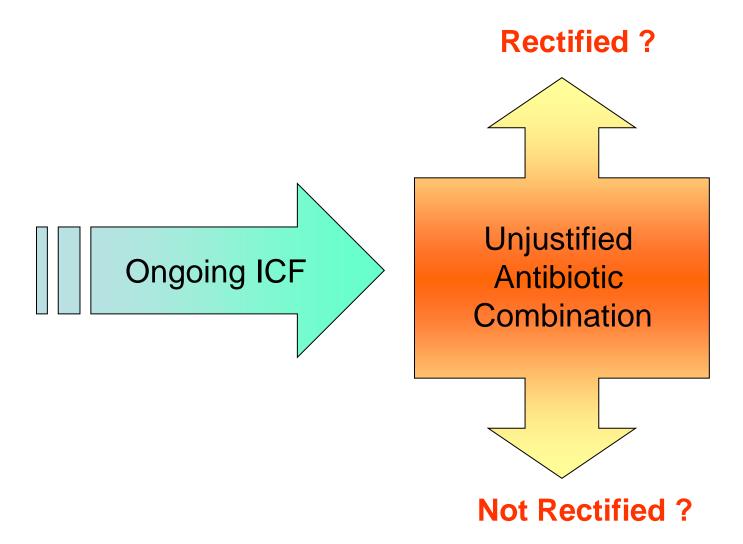
- Antibiotic resistance
- Antibiotic stewardship program
- Selected antimicrobial use
- Empirical Rx of common infections
- Known-pathogen therapy
- Surgical prophylaxis
- Cost & dosage of antimicrobials

Click here to view full guidelines
http://ha.home/ho/ps/impact.pdf

IV to oral switch



After IV to oral switch...



Trust and collaboration

