



# NDM-1 PRODUCING ENTEROBACTERIACEAE

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# WHAT IS NDM-1

NDM-1, which stands for

New Delhi Metallo-beta-lactamase-1

新德里金属酰胺酶

This is a **Carbapenemase** which neutralizes the activity of carbepenem antibiotics.

# BACKGROUND

- Resistance to carbapenems is mediated by mechanisms:
  1. loss of outer membrane proteins, and
  2. production of carbapenemases that are capable of hydrolyzing the carbapenems.

- *Enterobacteriaceae Family:*

*Escherichiae (E.coli), Edwardsiella, Salmonella, Shigella, Citrobacter, Klebsiella, (K. pneumonia), Enterobacter, Morganella, Proteus, Serratia, Pantoea, Hafnia, Providencia, Yersinia*

- *Carbapenem resistant Enterobacteriaceae (CRE)*
- *Carbapenemase producing Enterobacteriaceae*

# CARBAPENEMASES & METALLO- $\beta$ -LACTAMASE (MBL)

TABLE 4. Substrate and inhibition profiles of the carbapenemases

Molecular class	Functional group	Enzyme	Hydrolysis profile <sup>a</sup>					Inhibition profile <sup>b</sup>		Reference(s)
			Penicillins	Early cephalosporins	Extended-spectrum cephalosporins	Aztreonam	Carbapenems	EDTA	Clavulanic acid	
A	2f	NMC	+	+	+	+	+	-	+	124
		IMI	+	+	+	+	+	-	+	183
		SME	+	+	±	+	+	-	+	179
		KPC	+	+	+	+	+	-	+	4
		GES	+	+	+	-	±	-	+	174, 219
		B1	3	IMP	+	+	-	+	+	-
VIM	+	-		+	+	-	224			
GIM	+	-		+	+	-	224			
SPM	+	-		+	+	-	224			
D	2d	OXA	+	-	±	-	±	225		

Plasmid mediated

NDM-1

<sup>a</sup> Symbols: +, strong hydrolysis (generally,  $k_{cat}$  of  $>2 \text{ s}^{-1}$ ); ±, weak hydrolysis (generally,  $k_{cat}$  of 0.5 to  $2 \text{ s}^{-1}$ ); -, no measurable hydrolysis reported (generally,  $k_{cat}$  of  $<0.5 \text{ s}^{-1}$ ).

<sup>b</sup> Symbols: +, reported inhibition; ±, variable inhibition among  $\beta$ -lactamase family members; -, no inhibition reported.

# 1<sup>ST</sup> CASE OF NDM-1 PRODUCING ENTEROBACTERIACEA

- ⦿ A 59-year-old male, a Swedish patient of Indian origin
- ⦿ Underlying diseases: Type 2 diabetes mellitus, multiple strokes
- ⦿ Nov 07, he traveled to India
- ⦿ 5 Dec 07, admitted to local hospital with a large gluteal abscess in Ludhiana, Punjab.
- ⦿ He transferred to a hospital in New Dehli, he was operated on and where he developed a decubital ulcer
- ⦿ Antibiotics given: Augumentin, metronidazole, amikacin, and gatifloxacin (all of them parenterally).

# 1<sup>ST</sup> CASE OF NDM-1 PRODUCING ENTEROBACTERIACEA

- 8 Jan 2008, he was referred to a hospital in Sweden
- 9 Jan 2008,
  1. Urine sample: *NDM-1 K. pneumoniae* which is *R to all  $\beta$  lactams*, but *S to Colistin*
  2. *Deep wounds: ESBL-positive E. coli and carbapenem-susceptible Acinetobacter sp.*
  3. External otitis fluid: *An ESBL-positive E. coli*
- 6 Mar 08, the patient was discharged to a nursing home.

# 1<sup>ST</sup> CASE OF NDM-1 PRODUCING ENTEROBACTERIACEA

- 1 Apr 08,
  1. Urine sample: an ESBL-producing *K.pneumoniae*
  2. *The original carbapenem-resistant K. pneumoniae isolate has never been found in any other cultures of samples from the patient*
- Fecal samples: *E. coli NDM-1*  
*NDM-1 K. pneumoniae could not be recovered*

# WHY NDM-1 IMPORTANT

1. **possible transfer** of *bla*NDM-1 *in vivo* either from *K. pneumoniae* to *E. coli* or vice versa, but more interestingly, the plasmids carrying *bla*NDM-1 in the **two species** are of different sizes
2. This evidence would suggest that there is **rearrangement in vivo** which could result from either duplication and insertion, e.g. transposition or rolling circle replication from the smaller plasmid, or deletion from the larger plasmid
3. The plasmid carrying *bla*NDM-1 also carries *bla*CMY-4 and the complex class 1 **integron carrying several antibiotic resistance-conferring gene**
4. It has also shown itself to naturally have **a broad host range**.



## IN VITRO EXPERIMENT DEMONSTRATION

- ◉ When the **plasmid was transferred** to *E. coli* J53, the *E. coli* strain **containing pNDM-1** was resistant to **all antibiotics except colistin and ciprofloxacin** and was shown by blotting and PCR to carry *bla*CMY-4, the *ISCR* region, and *bla*NDM-1

# CHARACTERISTICS OF NDM-1

- ◉ NDM-1 not only is a new subclass of the B1 group of MBLs but also possesses novel amino acids near the active site, suggesting that it has a novel structure
- ◉ NDM-1 possesses relatively high  $K_m$  and  $k_{cat}$  values for both imipenem and meropenem (efficient hydrolysis profile)

TABLE 2. Steady-state kinetic constants of NDM-1, IMP-1, and VIM-2

Compound	NDM-1			IMP-1 <sup>a</sup>			VIM-2 <sup>b</sup>		
	$K_m$ ( $\mu\text{M}$ )	$k_{cat}$ ( $\text{s}^{-1}$ )	$\frac{k_{cat}}{K_m}$ ( $\text{s}^{-1}/\mu\text{M}$ )	$K_m$ ( $\mu\text{M}$ )	$k_{cat}$ ( $\text{s}^{-1}$ )	$\frac{k_{cat}}{K_m}$ ( $\text{s}^{-1}/\mu\text{M}$ )	$K_m$ ( $\mu\text{M}$ )	$k_{cat}$ ( $\text{s}^{-1}$ )	$\frac{k_{cat}}{K_m}$ ( $\text{s}^{-1}/\mu\text{M}$ )
Penicillin G	16	11	0.68	520	320	0.62	49	56	1.14
Ampicillin	22	15	0.66	200	950	4.8	DNA		
Piperacillin	12	14	1.17	ND <sup>c</sup>	ND	ND	72	33	0.45
Cephalothin	10	4	0.40	21	48	2.4	44	57	1.28
Cefoxitin	49	1	0.02	8	16	2	24	3	0.12
Cefotaxime	10	6	0.58	4	1.3	0.35	32	28	0.86
Cefuroxime	8	5	0.61	37	8	0.22	22	12	0.55
Ceftazidime	181	5	0.03	44	8	0.18	98	89	0.90
Aztreonam	ND			>1,000	>0.01	<0.0001	ND	<0.5	ND
Cefepime	77	13	0.17	11	7	0.66	184	5	0.03
Imipenem	94	20	0.21	39	46	1.2	10	10	0.99
Meropenem	49	12	0.25	10	50	0.12	5	1	0.28
Clavulanic acid	ND			NR <sup>d</sup>			NR		

<sup>a</sup> From Spencer et al. (32).

<sup>b</sup> From Poirel et al. (23).

<sup>c</sup> ND, not detected.

<sup>d</sup> NR, not reported.

# UPSURGE IN NDM-1 CASES IN INDIA, PAKISTAN, AND THE UK

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# NDM-1 IN INDIA

## Haryana

- 47 CRE (24%) of 198 Enterobacteriaceae were identified;
- OF 47 CRE, 26(55%) were NDM-1, and all were *K pneumoniae*

## Chennai

- In 2009, 3521 (4%) Enterobacteriaceae were CRE
- Of these 141 CRE, 44 (31%) were NDM-1

19 *E coli*,  
14 *K pneumoniae*,  
7 *Enterobacter cloacae*,  
2 *Proteus spp*,  
1 *Citrobacter freundii*,  
1 *Klebsiella oxytoca*

Infection: community acquired UTI, pneumonia, and BSI  
Age: mean 36 years (range was 4-66 )

- 2008: NDM-1 isolate was first detected
- 2008-09: 37 NDM-1 Enterobacteriaceae isolates. These were identified as *K pneumoniae* (21), *E coli* (7), *Enterobacter spp* (5), *Citrobacter freundii* (2), *Morganella morganii* (1), and *Providencia spp* (1)
- 2009: 32 (44%) of 73 carbapenemase-producing Enterobacteriaceae are NDM-1



Figure 1: Numbers of carbapenemase-producing Enterobacteriaceae referred from UK laboratories to the UK Health Protection Agency's national reference laboratory from 2003 to 2009. The predominant gene is bla<sub>NDM-1</sub>, which was first identified in 2008. The other group includes diverse producers of KPC, OXA-48, IMP, and VIM enzymes.

# UK

- Body sites:

urine (52%), blood (10%), burn or wound swab (13.8%), sputum (6.9%), central line tip (3%), throat swab (3%), or unknown specimens (10%)

- Mean age: 60 years (range 1-87)

- At least 17 (59%) patients had a history of travelling to India or Pakistan within 1 year, and 14 (48%) of them had been admitted to a hospital in these countries

	Chennai	Haryana	UK
Clonality	Non-clonal	Clonal (outbreak potential)	Non-clonal
Location of <i>bla</i> NDM-1 gene	Plasmid only	Plasmid only	Plasmid (chromosome, in situ movement of <i>bla</i> NDM-1 gene)
	<i>bla</i> NDM-1 was carried on more than one plasmid		
Plasmid size	50 -350 kb	118 kb (54%) or 50 kb (36%).	80 - >500kb
plasmid movement between bacterial isolates	Evident by many plasmids of identical size in isolates collected from India and the UK		

	UK (n=37)		Chennai (n=44)		Haryana (n=26)	
	MIC <sub>50</sub> ; MIC <sub>90</sub> (mg/L)	Proportion susceptible*	MIC <sub>50</sub> ; MIC <sub>90</sub> (mg/L)	Proportion susceptible*	MIC <sub>50</sub> ; MIC <sub>90</sub> (mg/L)	Proportion susceptible*
Imipenem	32; 128	0%	64; 128	0%	32; 128	0%
Meropenem	32; 32	3%	32; >32	3%	>32; >32	3%
Piperacillin-tazobactam	>64; >64	0%	>64; >64	0%	>64; >64	0%
Cefotaxime	>256; >256	0%	>256; >256	0%	>256; >256	0%
Ceftazidime	>256; >256	0%	>256; >256	0%	>256; >256	0%
Cefpirome	>64; >64	0%	>64; >64	0%	>64; >64	0%
Aztreonam	>64; >64	11%	>64; >64	0%	>64; >64	8%
Ciprofloxacin	>8; >8	8%	>8; >8	8%	>8; >8	8%
Gentamicin	>32; >32	3%	>32; >32	3%	>32; >32	3%
Tobramycin	>32; >32	0%	>32; >32	0%	>32; >32	0%
Amikacin	>64; >64	0%	>64; >64	0%	>64; >64	0%
Minocycline	16; >32	0%	32; >32	0%	8; 16	0%
Tigecycline	1; 4	64%	4; 8	56%	1; 2	67%
Colistin	0.5; 8	89%†	1; 32	94%†	1; 2	100%†

MIC=minimum inhibitory concentration. \*Susceptibility defined by British Society for Antimicrobial Chemotherapy and European Committee on Antimicrobial Susceptibility Testing breakpoints; doxycycline breakpoints were used for minocycline. †Colistin-resistant UK isolates were one isolate of *Morganella morganii* and one *Providencia* sp (both intrinsically-resistant species), also one *Klebsiella pneumoniae* and one *Enterobacter* sp.

**Table: Antibiotic susceptibilities for NDM-1-positive Enterobacteriaceae isolated in the UK and north (Chennai) and south India (Haryana)**



# The NDM-1 superbug

Experts are warning that a new type of drug-resistant superbug is emerging from India. New Delhi metallo- $\beta$ -lactamase-1, or NDM-1, is an enzyme that can spread between different bacteria.

## HOSTS



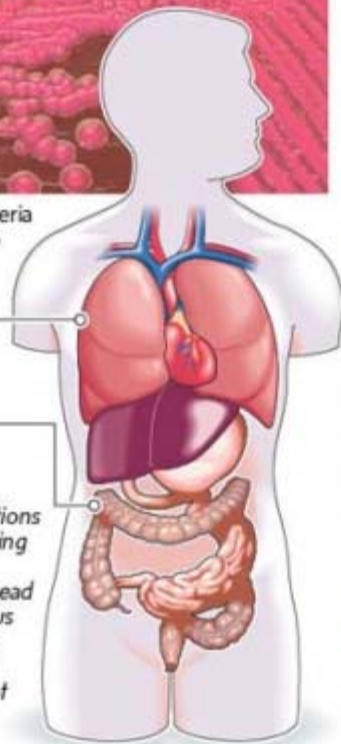
Two types of bacteria have been host to NDM-1:

**Klebsiella pneumonia**

**E.coli**

Both can lead to urinary tract infections and blood poisoning

Enzyme could spread to more dangerous infections making them almost impossible to treat



## INFECTION HOTSPOTS



## SPREAD

Widespread in India, Pakistan and Bangladesh. NDM-1 has now reached Britain, the United States, Canada, Australia and Netherlands



## DETECTION OF NDM-1 IN UNITED STATES, 2010

- ◉ Jan-Jun 10, 3 NDM-1 *Enterobacteriaceae* isolates were identified from 3 U.S. states at the CDC antimicrobial susceptibility laboratory
- ◉ These isolates, which include an *E. coli*, *K. pneumoniae*, and *E. cloacae*, carry *bla*NDM-1, which confers resistance to all beta-lactam agents, including aztreonam
- ◉ All three U.S. isolates were from patients who received recent medical care in India

# 1<sup>ST</sup> CASE OF NDM-1 ISOLATE IN AUSTRALIA

- ◉ A man from Canberra, aged in his mid 50s, had elective **plastic surgery in India** in Sep 09. Complicated by a hypoxic brain injury, with ICU care for 4 weeks
- ◉ Transferred back to Canberra for ongoing hospital care.
- ◉ CSU on admission in Nov 09 : a heavy growth of multidrug-resistant *P. rettgeri* and *P. aeruginosa*.
- ◉ The *P. rettgeri* **R to all b-lactam antibiotics**, including meropenem, **as well as to all aminoglycosides, ciprofloxacin, tigecycline and colistin**. The *P. aeruginosa* was R to all antipseudomonal antibiotics except for colistin. *P. rettgeri* had 100% homology with blaNDM-1
- ◉ The patient was **not given antibiotic** therapy but the **indwelling urinary catheter was changed** and **contact precautions** were put in place.
- ◉ The patient **cleared the organisms after 2 months**, and since then has received ongoing inpatient care in the rehabilitation unit.

# GLOBAL REPORTS OF NDM-1 AS OF 16 AUGUST 2010

Country	No of NDM-1 identified	Remark
India	70	1 <sup>st</sup> reported case originated from India
Pakistan	73	
Bangladesh		
UK	37 (5 death)	More than 50% with travel history to India within 1 year and almost half of them being hospitalized in India
Germany		
Belgium	1	A Belgium citizen, of Pakistani origin, died in June. Leg wound after receiving wound care in Pakistan
France	1	Epi link to India
Netherlands	1	Epi link to India
USA	3	All received medical care in India
Canada	2	Association with travel history to India
Australia	3	Received plastic surgery in India, travel to India
HK	1	A local resident of Indian ethnicity

# SUMMARY

- ◉ Most *bla*NDM-1 positive *plasmids* were readily transferable and prone to rearrangement, losing or (more rarely) gaining DNA on transfer.
- ◉ This transmissibility and plasticity implies an alarming potential to spread and diversify among bacterial populations.
- ◉ Control Measures:
  1. Vigilant lab surveillance for early detection
  2. Contact precautions for identified case
  3. HH
  4. Rational use of antibiotics

END  
THANK YOU