Toward Solving the Diagnostic Dilemma of Tuberculosis



David H. Persing MD, Ph.D.



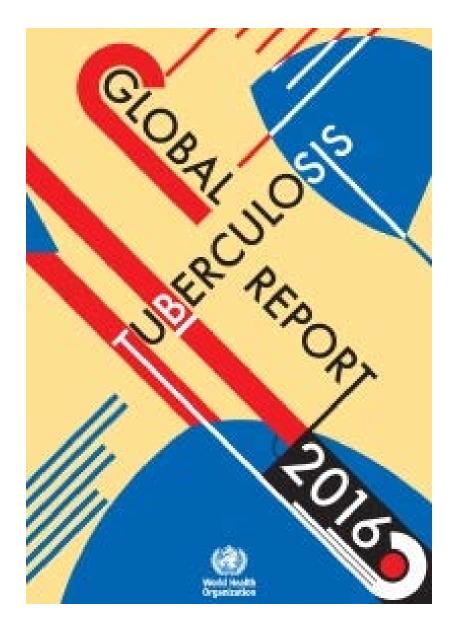
Executive Vice President, Chief Medical and Technology Officer -Cepheid

Chief Scientific Officer - Danaher

Consulting Professor, Department of Pathology - Stanford University School of Medicine

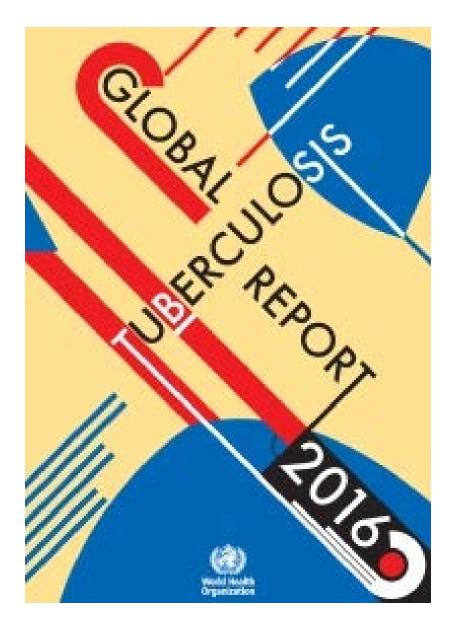


Global TB Report 2016



- 1. The Sustainable Development Goals (SDGs) for 2030 were adopted by the United Nations in 2015.
- 2. One of the targets is to end the global TB epidemic.
- 3. The WHO End TB Strategy, approved by the World Health Assembly in 2014, calls for a 90% reduction in TB deaths and an 80% reduction in the TB incidence rate by 2030, compared with 2015.
- 4. This global TB report was the first to be produced in the era of the SDGs and the End TB Strategy.
- 5. Data were available for 202 countries and territories that account for over 99% of the world's population and TB cases.

Epidemiology of TB



- 1. Global exposure of TB in 2015: about 1/3 of world population
- 2. 10.4 million new TB cases in 2015, including 1.2 million cases among people with HIV
- 3. 5.9 million (56%) were among men, 3.5 million (34%) among women and 1.0 million (10%) among children.
- 4. Six countries accounted for 60% of the new cases: India,Indonesia, China, Nigeria, Pakistan and South
- 5. Rate of decline remained at 1.5% from 2014 to 2015.
- In 2015, there were an estimated 480 000 new cases of multidrug-resistant TB (MDR-TB) and an additional 100 000 people with documented rifampin resistance

Afghanistan

Bangladesh^d

Brazil

Cambodia

China

DR Congo

Ethiopia

India

Indonesia

Kenya

Mozambique

Myanmar^e

Nigeria

Pakistan

Philippines

Russian Federation

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South Africa

Thailand

Uganda

UR Tanzania

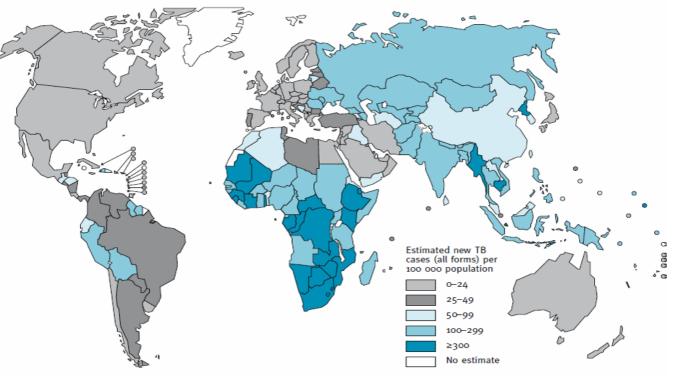
Viet Nam

Zimbabwe

High-Burden Countries

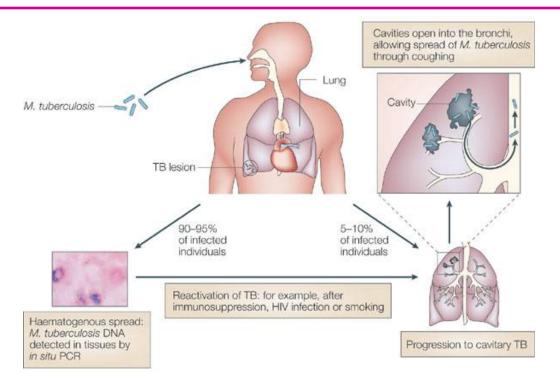
WHO REPORT 2010 GLOBAL TUBERCULOSIS CONTROL

FIGURE 1 Estimated TB incidence rates, by country, 2009



Incidence = rate

Pathogenesis of TB – kids are different



+ Risk of developing disease after exposure

- 43% <1 yr
- 25% age 1-5 yr

Children with HIV have 6-fold increased mortality
Often nonspecific presentations

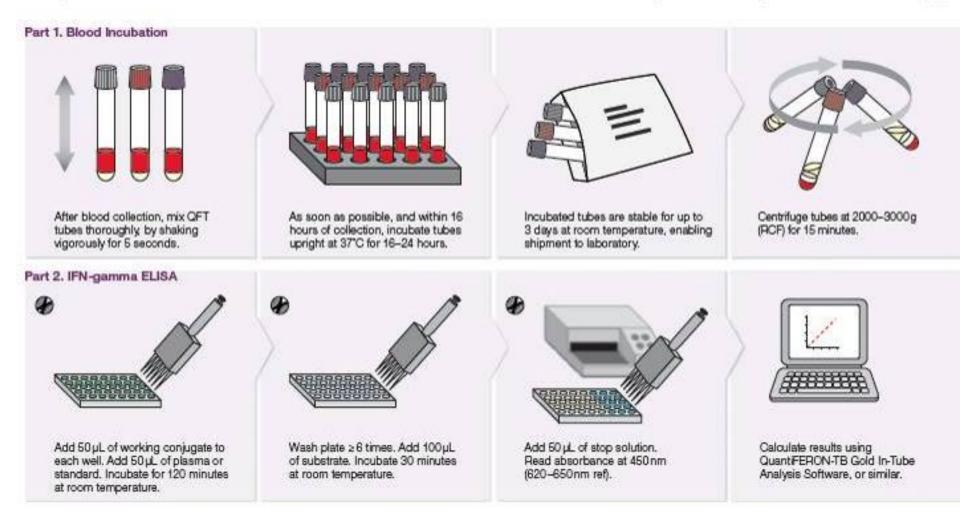
Tests to Diagnose Pulmonary TB Today

- 1. Sample types for organism detection
 - a. Sputum and surrogates (Induced sputum; gastric aspirate; np aspirate; string sample; stool)
 - b. Tissue biopsy material
- 2. Sample types for antigen, antibody, or reactivity detection
 - a. Urine
 - b. Serum
 - c. Whole blood
 - d. Breath
- 3. Types of tests
 - a. Smear and culture
 - b. Molecular assays
 - c. Interferon-G release assays (IGRAs)





Figure 1. QuantiFERON-TB Gold In Tube (QFT-IT) Technology



Interferon γ release assay for the diagnosis of latent tuberculosis infection and tuberculosis disease in children. Mendez-Echevarria et al. Arch Dis Child. 2011 May 4

- •459 tests: 4.3% indeterminate
- •318 noninfected
- •73 Latent TB Infection
- •68 TB Disease (only 54% had culture confirmation)
- 87% concordance with skin test overall; only 47% in BCG-vaccinated children



Table 2Results of the QuantiFERON-TB GOLD In Tube (QTF) testbased on final diagnosis

	QTF			
	Positive	Negative	Indeterminate	
TBD	61	1	6	
LTBI	32	38	3	
Uninfected	3	304	11	
Total	96	343	20	

LTBI, latent tuberculosis infection; TBD, tuberculosis disease.

Difficulties Diagnosing Pediatric TB

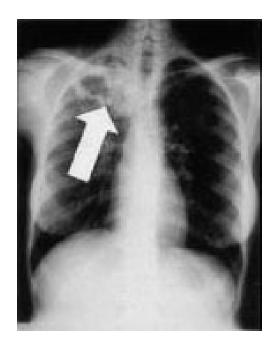
- Cavitary disease usually not present; organisms often absent in respiratory secretions (negative smears)
- 2. Infants and children cannot cough into a container

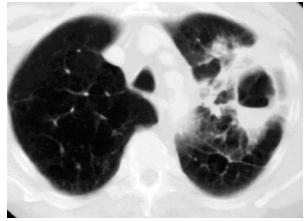


- 3. Other sample types (gastric aspirate, induced sputum) hard to obtain
- 4. Culture yield from intra-thoracic TB = 62%

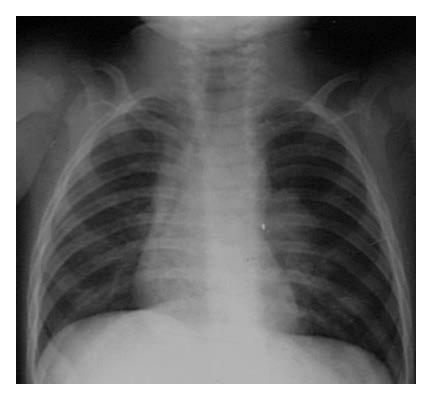
(Culture-confirmed childhood tuberculosis in Cape Town, South Africa: a review of 596 cases. Schaaf HS, et al. BMC Infect Dis. 2007)

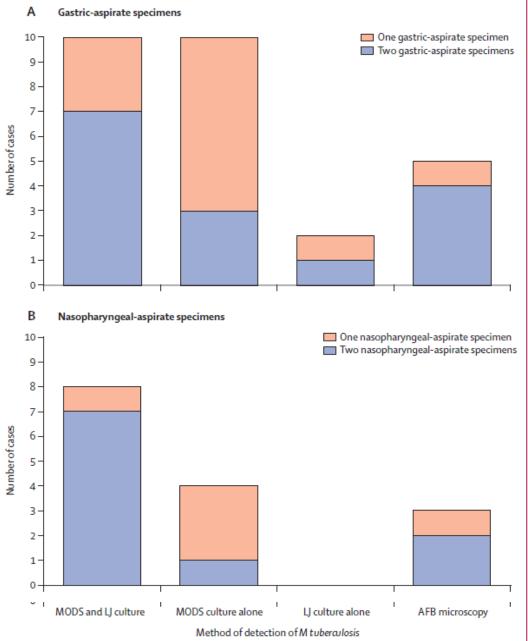
Cavitary TB





Pediatric TB

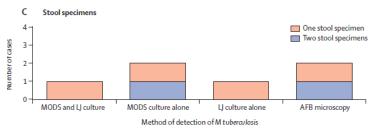




Diagnostic approaches for pediatric tuberculosis by use of different specimen types, culture methods, and PCR: a prospective case-control study.

Oberhelman et al. *Lancet Infect Dis* 2010; 10: 612–20

- 218 cases
- 10% positive cultures



re 2: Number of cases of tuberculosis detected by culture and microscopy, by specimen DS=microscopic-observation drug-susceptibility. LJ= Lowenstein-Jensen agar. AFB=acid-fast bacilli.

Examples of Molecular Tests for Detection of TB (not all FDA-cleared)

Assay		Notes		
Amplicor (Roche)		16S rRNA gene; smear +		
MTD (GenProbe)		16S rRNA gene		
Probe-Tec (BD)		16S rRNA & IS6110; smear +		
Xpert Mtb/RIF (Cepheid)		rpoB gene		
LAMP (Eiken; ?Meridian)		gyrA gene		
GTMD (HAIN)		23S rRNA gene; smear +		
Gold nanoparticle probe (Taiwan)		IS6110 & Rv3618		
M	deconta	quire specimen imination & entration		

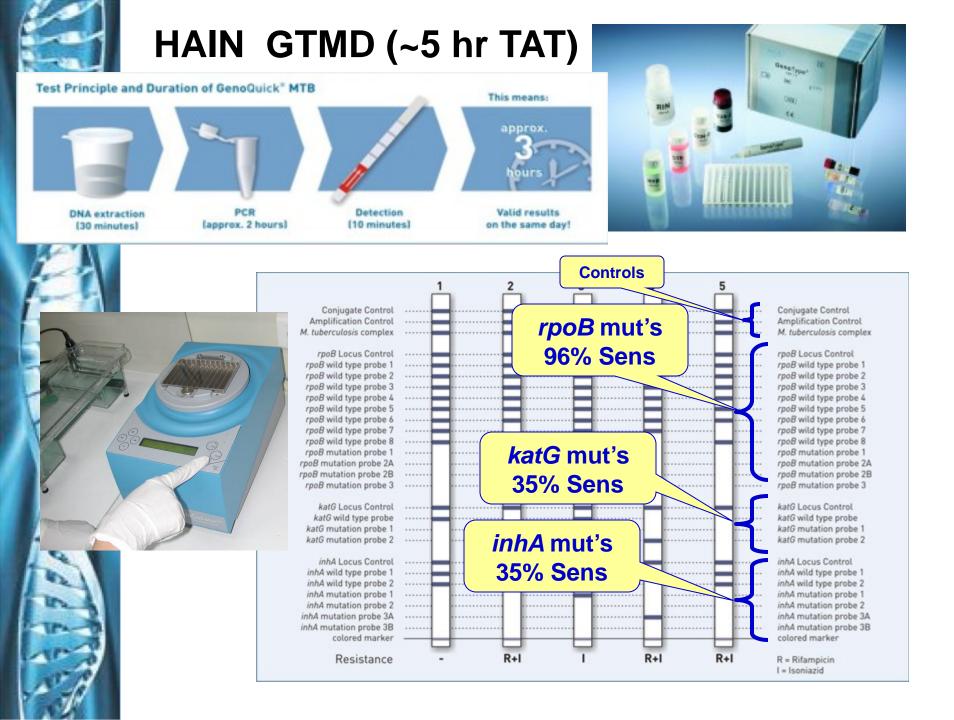
Evaluation of reverse transcription loop-mediated isothermal amplification in conjunction with ELISA-hybridization assay for molecular detection of Mycobacterium tuberculosis Lee et al. 2009. J. Microbiol. Methods 76:174-

Operational Feasibility of Using Loop-Mediated Isothermal Amplification for Diagnosis of Pulmonary Tuberculosis in Microscopy Centers of Developing Countries

Boehme et al. 2007. J. Clin. Microbiol. 1936-

Results vs Sputum Culture	SENS	SPEC
Lee	94%	83%
Boehme		
Smear +	98%	99%
Smear neg	49%	





The NEW ENGLAND JOURNAL of MEDICINE

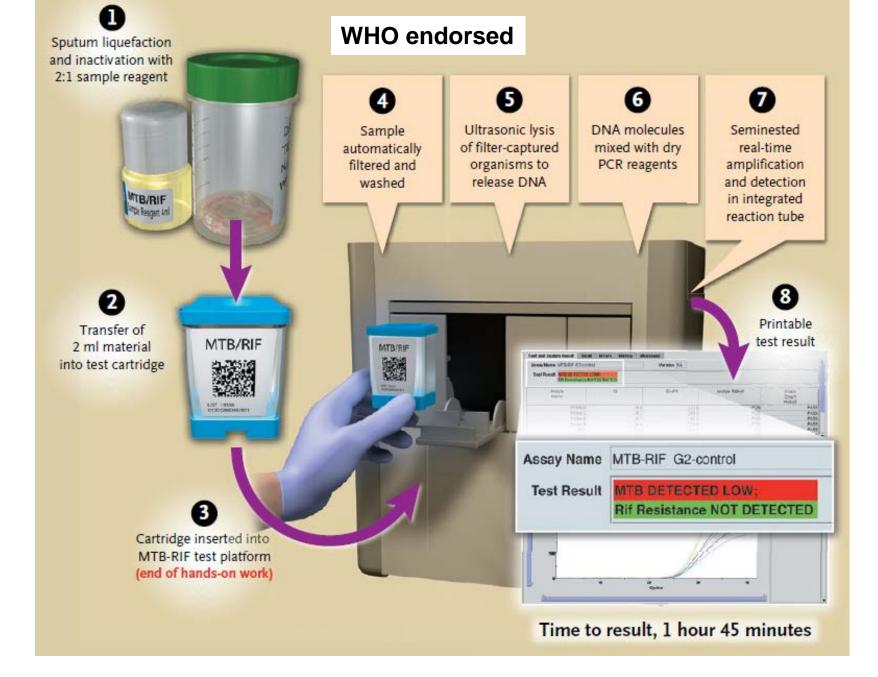
Rapid Molecular Detection of Tuberculosis and Rifampin Resistance September 1, 2010

Catharina C. Boehme, M.D., Pamela Nabeta, M.D., Doris Hillemann, Ph.D., Mark Nicol, Ph.D., Shubhada Shenai, Ph.D., Fiorella Krapp, M.D., Jenny Allen, B.Tech., Rasim Tahirli, M.D., Robert Blakemore, B.S., Roxana Rustomjee, M.D., Ph.D., Ana Milovic, M.S., Martin Jones, Ph.D., Sean M. O'Brien, Ph.D., David H. Persing, M.D., Ph.D., Sabine Ruesch-Gerdes, M.D., Eduardo Gotuzzo, M.D., Camilla Rodrigues, M.D., David Alland, M.D., and Mark D. Perkins, M.D.

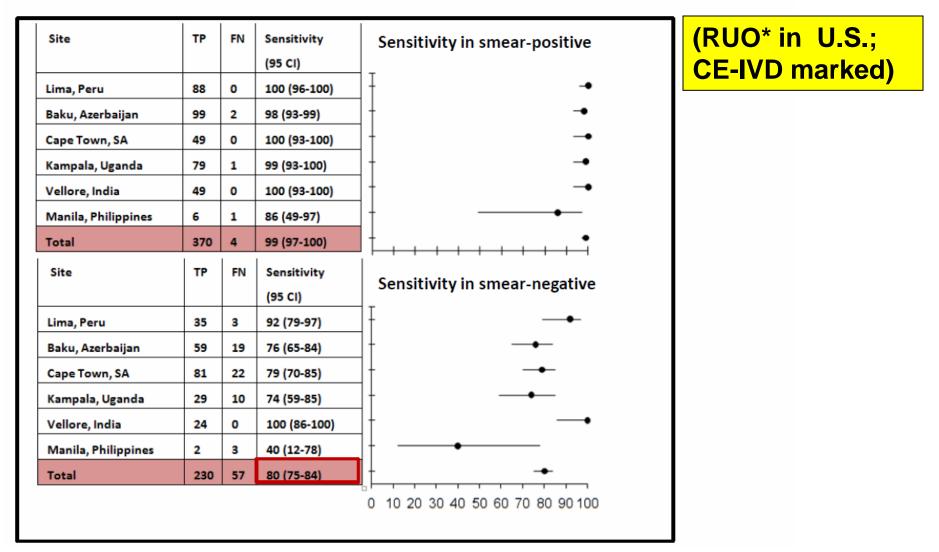




Cepheid GeneXpert assay



Sensitivity of a single, direct Xpert in S+C+ and S-C+



Boehme et al. 2011. Feasibility, diagnostic accuracy, and effectiveness of decentralised use of the Xpert MTB/RIF test for diagnosis of tuberculosis and multidrug resistance: a multicentre implementation study <u>www.thelancet.com</u> April 19

Non-Pulmonary Samples.. Hillemann et al. 2011 JCM 49:1202-5. (FIND Study)

Sample	#	Cult +		tivity and specificity of Xpert method as reference standar	-
Tissues	245	30	Specimen type	Sensitivity (%)	Specificity (%)
CSF	0	0	Tissue CSF	69.0 Not calculable	98.4 100.0
Gastric	30	8	Gastric fluid Pleural fluid	87.5 Not calculable	100.0 98.1
Pleural fluid	113	0	Stool Urine	100.0 100.0	91.7 98.6
Stool	23	2	Total	77.3	98.2
Urine	91	5	[└] Contam	inated cultur	'es = 26

Non-TB mycobacteria = 17

Requires Lab Validation for non-pulmonary samples

Study on TB Prevalence in Cambodian Children



Dr. Rinn Song Instructor Pediatrics Harvard Medical School

Currently collaborating with FIND on pediatric TB issues



Dr. Anne Goldfeld President and Co-Founder, Cambodian Health Committee

Professor of Medicine at Harvard Medical School and Professor of Immunology and Infectious Disease at the Harvard School of Public Health

Cambodian Health Committee Global Health Committee





Developing New Tuberculosis Vaccines for the World

Stop TB Save Lives

Study Design

- Clinical criteria assessed (X-ray, skin test, IGRA, etc.)
- Samples collected over 3 days: 2 gastrics; 1 induced sputum; 1 stool
- Gastrics and sputum sent to Pasteur Instit. Lab in Phnom Penh for conventional culture, identification and susceptibilities of isolates (GenProbe; HAIN) and split and sent to Cambodian National TB Lab for Xpert[®] Mtb/Rif
- Stool frozen for later testing in Xpert ® Mtb/Rif



Sample Collection in Cambodia: Aerosol Induction



15 min breathing saline mist

Aerosol Induction: Step 2



Aerosol Induction: Step 2













After the Procedures





PLOS ONE

Enhancing TB Case Detection: Experience in Offering Upfront Xpert MTB/RIF Testing to Pediatric Presumptive TB and DR TB Cases for Early Rapid Diagnosis of Drug Sensitive and Drug Resistant TB

Neeraj Raizada¹*, Kuldeep Singh Sachdeva², Sreenivas Achuthan Nair³, Shubhangi Kulsange¹, Radhey Shayam Gupta², Rahul Thakur¹, Malik Parmar³, Christen Gray⁴, Ranjani Ramachandran³, Bhavin Vadera¹, Shobha Ekka¹, Shikha Dhawan², Ameet Babre¹, Mayank Ghedia³, Umesh Alavadi¹, Puneet Dewan³, Mini Khetrapal⁵, Ashwini Khanna⁶, Catharina Boehme⁴, Chinnambedu Nainarappan Paramsivan¹

1 Foundation for Innovative New Diagnostics, New Delhi, India, 2 Central TB Division, Government of India, New Delhi, India, 3 World Health Organization, Country Office for India, New Delhi, India, 4 Foundation for Innovative New Diagnostics, Geneva, Switzerland, 5 District Tuberculosis Center, Mumbai, India, 6 District Tuberculosis Center, New Delhi, India

Accelerating access to quality TB care for paediatric TB suspects in 4 cities of India, though improved diagnostic strategies

> Dr. Neeraj Raizada Project Leader, FIND India



Xpert MTB/RIF & Smear Microscopy Performance

Specimen Type	Specimen Tested	Xpert Positive (%)	Smear Positive (%)	Rif Resistance (%)
Sputum/IS	10280	769 (7.5%)	334 (3.2%)	86 (11.2%)
Gastric Asp./Lavage	10026	603 (6.0%)	136 (1.4%)	56 (9.3%)
CSF	1808	127 (7.0%)	1 (0.1%)	16 (12.6%)
Pleural Fluid	733	29 (4.0%)	7 (1.0%)	4(13.8%)
BAL	647	96 (14.8%)	16 (2.5%)	8 (8.3%)
Pus	303	123 (40.6%)	29 (9.6%)	11 (8.9%)
Lymph Node/ FNAC	281	101 (35.9%)	13 (4.6%)	14(13.9%)
Ascetic Fluid	149	4 (2.7%)	1 (0.7%)	0 (0.0%)
Others*	272	40 (14.7%)	11 (1.0%)	7 (17.5%)
Total	24,499	1,892(7.7%)	548 (2.2%)	202 (10.7%)

Others= Tissue, Pericardial Fluid, Urine, Cervical Aspirate, Peritoneal Fluid, Tracheal aspirate, Abscess, Synovial Fluid, Serum Bone, Chyle fluid, Nasal Aspirate, Pleural Biopsy, Thoracic swab

Xpert MTB/Rif not validated for non-respiratory specimen types

Raizada et al.

Rifampicin Resistant Pediatric Cases

	Total Suspects		Total Xpert Positives	Total Rif Resistant	Proportion (%)
Total	22079		1 735 (7 0%)	156 (0 0%)	100.0%
Smear Status					
NA	1,057	60% of rif resistant cases were smear negative		Same level	1.9%
Smear Negative	20,474			of rif	60.3%
Smear Positive	548			resistance	37.8%
Past History of TB Rx		59% of rif resistant cases had no prior history of anti TB treatment		observed in all three	
Unknown	1,256			age groups	0.0%
Negative History	18,253			age greape	59.0%
Positive History	811			64 (21.3%)	41.0%
H/O contact with TB Patient					
Positive History		32% of rif resistant			57.1%
Negative History		case	es had no history of contact		32.1%
Unknown		contact			10.9%
Age Group (in years)	L				
<5	7419		376 (5.1%)	30 (8.0%)	19.2%
5 to 9	7362		405 (5.5%)	39 (9.6%)	25.0%
10 to 14	7298		954 (13.1%)	87 (9.1%)	55.8%



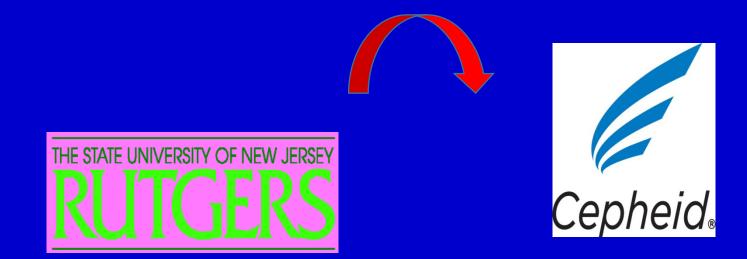
Rif resistance detected in all age grps; Better correlation with H/O contact as compared to H/O past RX; >50% of cases- smear negative

MTB/Rif Ultra: Next Generation Test



- Current test is smear replacement
 - More sensitive than smear, but not as sensitive as culture
- No great reason for culture to be more sensitive than a nested PCR assay
- Multi-copy target provides 10-15 fold boost in sensitivity
- High resolution melt: improve accuracy for drug resistance
- ~30 minutes faster





Early in 2014 our collaborative team met to create a TB test with the goal of being as sensitive as culture: The Xpert MTB Ultra



Xpert Ultra: Increased performance with new fluidics and thermal cycling

New Multicopy target

Fully nested amplification – extra sensitivity.

Enhanced sample processing fluidics.

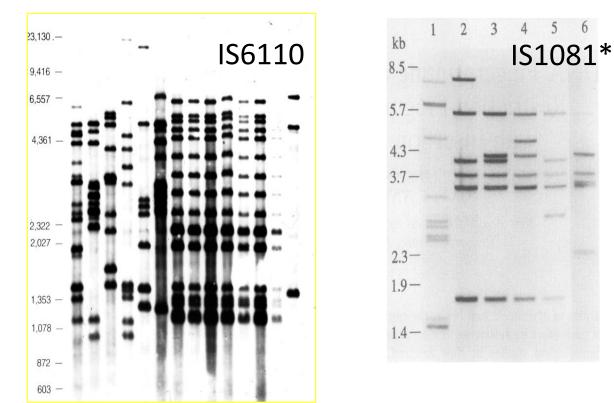
More rapid and better use of thermal cycling.

Time to result Xpert MTB/RIF = 110 min Time to positive result Xpert Ultra = 80 min (estimated). Time to negative result = 66 min (estimated).

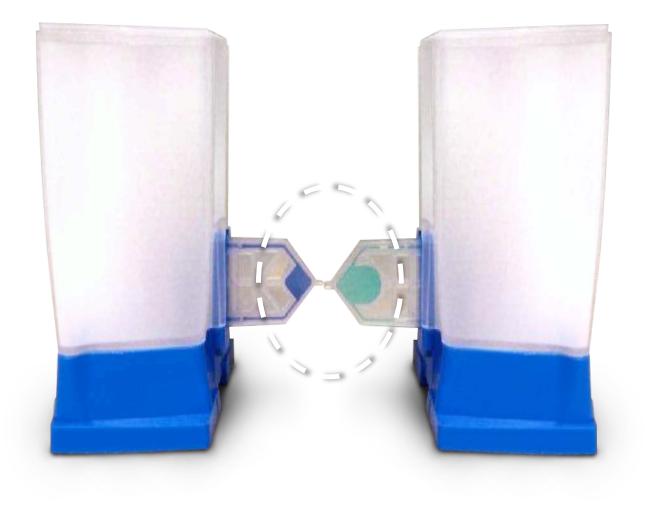
Xpert Ultra: Increased sensitivity for TB detection

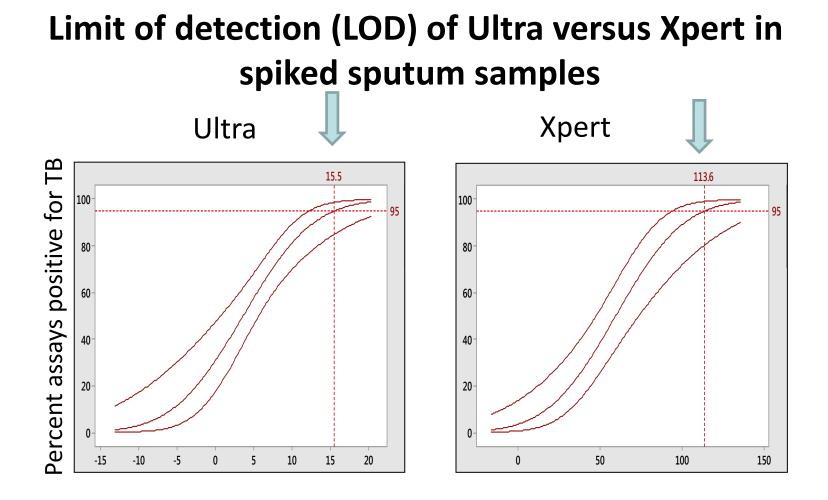
•Xpert MTB/RIF: Detects TB with a <u>single copy</u> target (*rpoB* gene)

•Ultra: Detects two different <u>multi-copy</u> targets (IS6110 & IS1081)



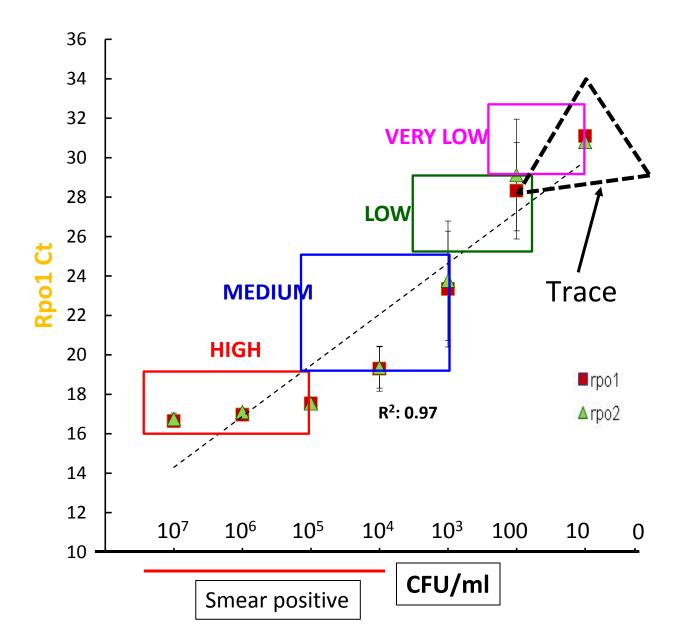
Xpert MTB/Rif Ultra: PCR Tube Size Matters





Assay limit of detection Ultra: 15.5 CFU/ml Xpert 113.6 CFU/ml

Dynamic range and semi-quantitation using first rpoB real-time signal (average Ct from 10 replicates).



Rifampin resistance testing by Xpert 98% sensitivity/specificity might not be good enough!

Mixed *Mycobacterium tuberculosis* Complex Infections and False-Negative Results for Rifampin Resistance by GeneXpert MTB/RIF Are Associated with Poor Clinical Outcomes

Nicola M. Zetola,^{a,c,d} Sanghyuk S. Shin,^h Kefentse A. Tumedi,^a Keletso Moeti,^b Ronald Ncube,^e Mark Nicol,^f Ronald G. Collman,^g Jeffrey D. Klausner,^h Chawangwa Modongo^{a,c}

Limited ability to detect mixtures of susceptible and resistant TB

Comparison of Xpert MTB/RIF with Line Probe Assay for Detection of Rifampin-Monoresistant *Mycobacterium tuberculosis*

Syed Beenish Rufai, Parveen Kumar, Amit Singh, Suneel Prajapati, Veena Balooni, Sarman Singh

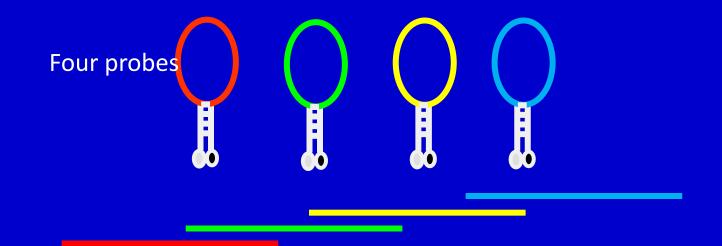
Potential difficulty detecting *rpoB* 533 C to G mutations (especially in mixtures) could lead to false susceptible results

An evaluation of the Xpert MTB/RIF assay and detection of false-positive rifampicin resistance in *Mycobacterium tuberculosis* $\overset{\sim}{\sim}, \overset{\sim}{\sim} \overset{\leftrightarrow}{\sim}$

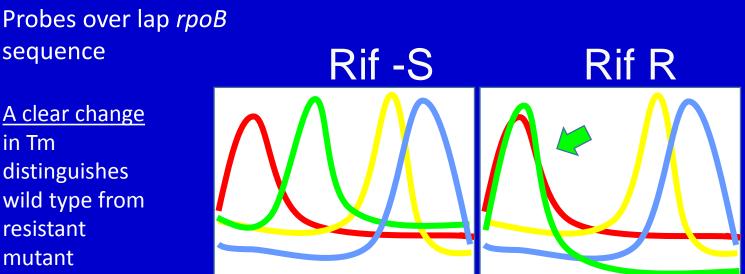
Deborah A. Williamson^{*}, Indira Basu, James Bower, Joshua T. Freeman, Gillian Henderson, Sally A. Roberts

Occasional false positive for Rifampin resistance in samples with low bacterial loads due to delay of probe D or E!!!!

4 probes identify rifampin-R mutations in *rpoB* by shifting their Tm away from a wild type reference value.



rpoB core region. Any mutation = Rifampin resistance



Preliminary report from the first prospective clinical trial of the Ultra assay

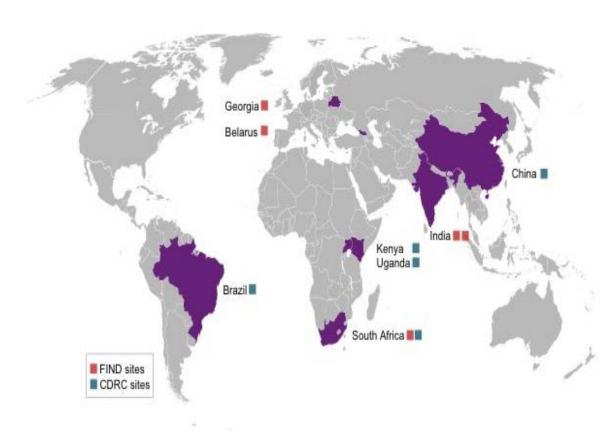
A Multicenter Diagnostic Accuracy Study Of The Xpert Ultra For Tuberculosis Diagnosis

Presenter: David Alland, MD.

Authors: Samuel G Schumacher¹, Pamela Nabeta¹, Catharina C Boehme¹, Jerrold Ellner², David Alland³, Susan E Dorman⁴, Claudia M Denkinger¹, for the TB Clinical Diagnostics Research Consortium and FIND Trial Consortium

Affiliations: ¹FIND, Geneva, Switzerland, ²Boston Medical Center, Boston, MA, ³Division of Infectious Diseases, Rutgers-New Jersey Medical School, Newark, ⁴Johns Hopkins University, Baltimore, MD

Study Design: Multicenter - 10 sites in 8 countries

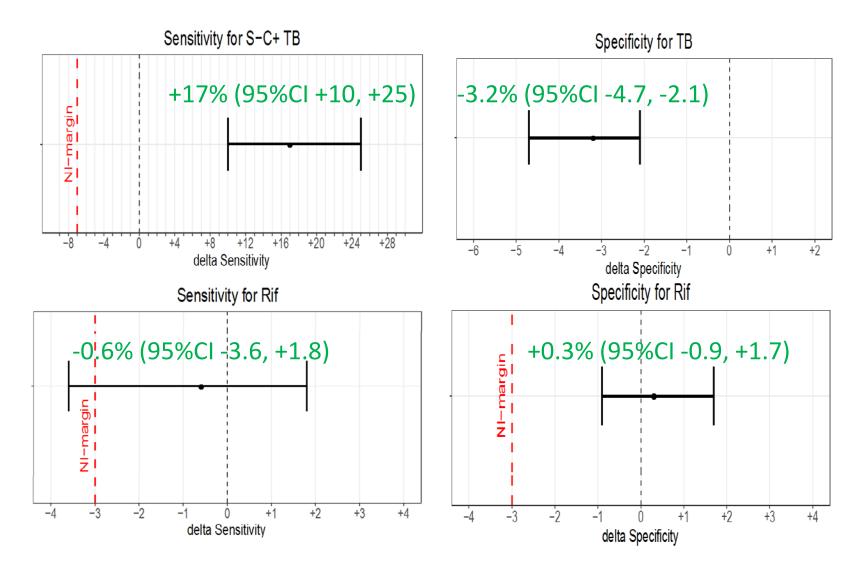


- Non-inferiority: Ultra versus Xpert
 - Reference standard culture/DST (4x)
 - Primary endpoint: Δ in sensitivity and specificity between Xpert Ultra and Xpert for detection of MTB and RIF
 - Both assays performed on same specimen
- Enrollment
 - Case detection group: patients under evaluation for TB (no TB treatment in past 6 months)
 - MDR risk group: patients under evaluation for TB/MDR-TB (may already be on TB treatment)
- Analyses
 - MTB detection analysis: limited to case detection group
 - RIF detection analysis: done in all participants (Case detection group & MDR risk group)

- Total 1,520 participants met eligibility criteria Feb – Oct 2016
 - 1,243 participants in 'Case Detection Group'
 - 277 participants in 'MDR-risk Group'
- Case Detection Group
 - 403 (32.4%) were culture-positive -119 (29.5%) were smear-negative
 - 840 (67.6%) were culture-negative ie not TB
- Among all 1,520 participants
 - 187 (12.3%) were rifampin-resistant
 - 416 (27.4%) were rifampin-sensitive
- 25% were HIV-infected and 21% had a history of prior TB



Results: Non-inferiority analysis



 Δ sensitivity for HIV-infected: +12% (95%CI +4.9, +21)

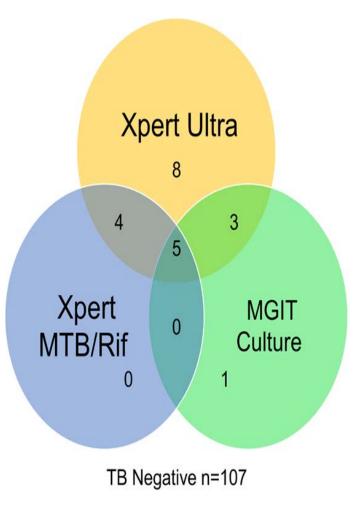
Conclusions- MTB/Rif Ultra Studies

- Ultra has superior sensitivity compared to Xpert in smearnegative (+17%) and HIV-infected patients (+12%)
- Ultra also detects TB DNA in some patients with prior TB disease, possibly due to persistence of non-viable bacilli, leading to reduced specificity.
- Improved Rif R accuracy
- Whether *M. tuberculosis* culture-negative but Ultra testpositive patients represent a high risk group for relapse remains to be determined.
- Despite these questions, WHO endorsed Ultra on March 24, 2017.

MTB/RIF Ultra: More Sensitive for Extrapulmonary TB

- TB meningitis is a life-threatening condition and difficult to diagnose
- 128 HIV infected adults tested in Mbarara, Uganda
- Sensitivity of culture: 43% for clinically and microbiologically-proven definite TB meningitis
- Sensitivity of G4: 43% (9/21; P=0.002)
- Sensitivity of Ultra: 95% (20/21)

Quote from David Boulware, MD (PI): "This is a game changer"



After Theranos: What?

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The implosion of blood diagnostics developer Theranos has raised the question: What is feasibly detectible in a drop of blood? Emily Waltz reports.

reported. The next month, the CMS inspected Theranos' laboratory in Newark, California, and found numerous deficiencies, some of which posed "immediate jeopardy to patient health and safety," CMS said in a letter to the company (Box 1).

The agency banned Holmes from running a

Blood-Based Tuberculosis Biomarkers

Genome-wide expression for diagnosis of pulmonary tuberculosis: a multicohort analysis Lancet Respir Med 2016;

4:213-224

GBP5

DUSP

KLF2

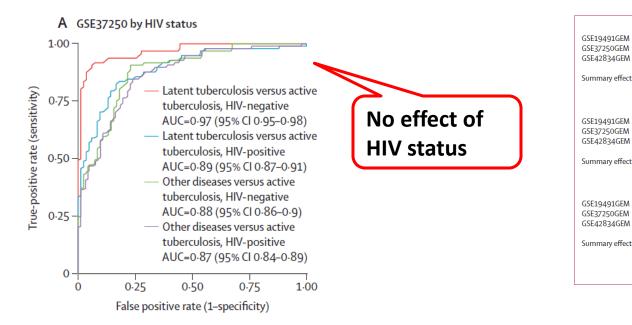
Standardised mean difference (log2 scale)

-2

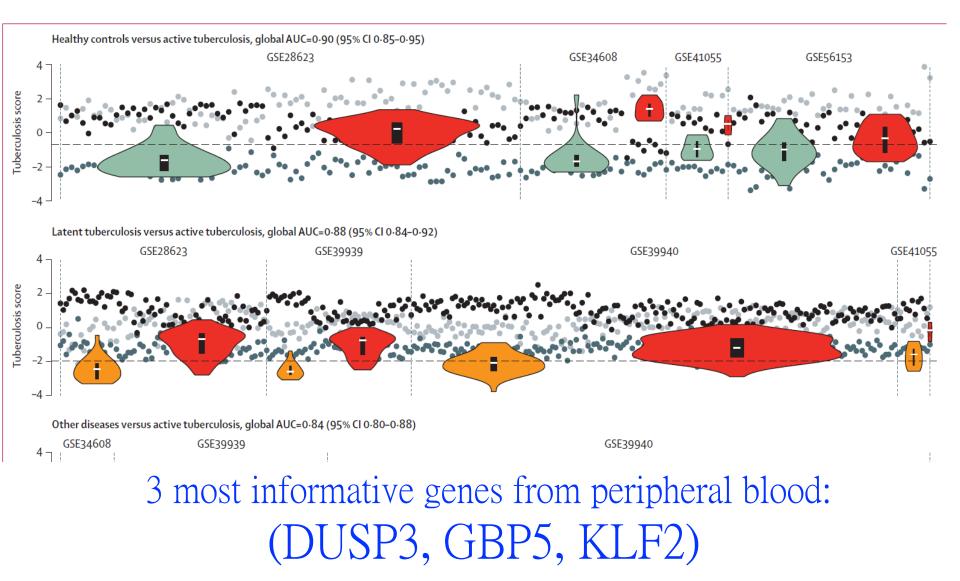
-1

Timothy E Sweeney, Lindsay Braviak, Cristina M Tato, Purvesh Khatri

- 14 data sets, 2572 samples from 10 countries, adult and pediatric patients
- Only whole blood data included
- 266 genes (158 over-expressed; 108 under-expressed)
- Narrowed down to 3 genes
- Robert Wallis, now with Aurum Institute, already developing a test

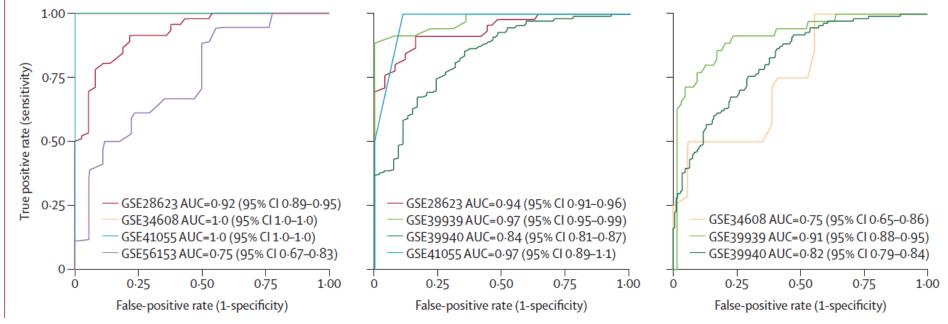


Violin Plots of Different Data Sets (need different cutoff scores)



Validation ROCs

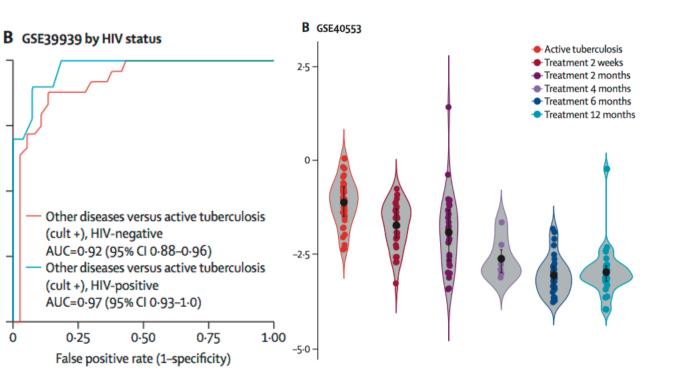
- D Healthy controls versus active tuberculosis validation
- E Latent tuberculosis versus active tuberculosis validation
- F Other diseases versus active tuberculosis validation



ATB Diagnosis vs healthy, LTB and other diseases sensitivity = 86%; specificity = 86%; NPV = 99% @ 10% prevalence

Sweeney et al. Lancet Resp Med 2016

Other Important Findings

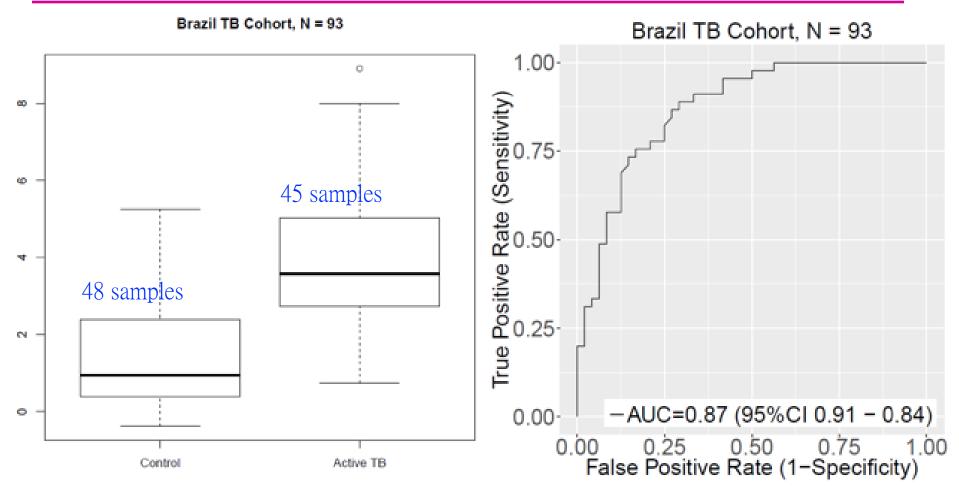


Not confounded by HIV co-infection May allow monitoring treatment response

Not confounded by BCG vaccination

Sweeney et al. Lancet Resp Med 2016

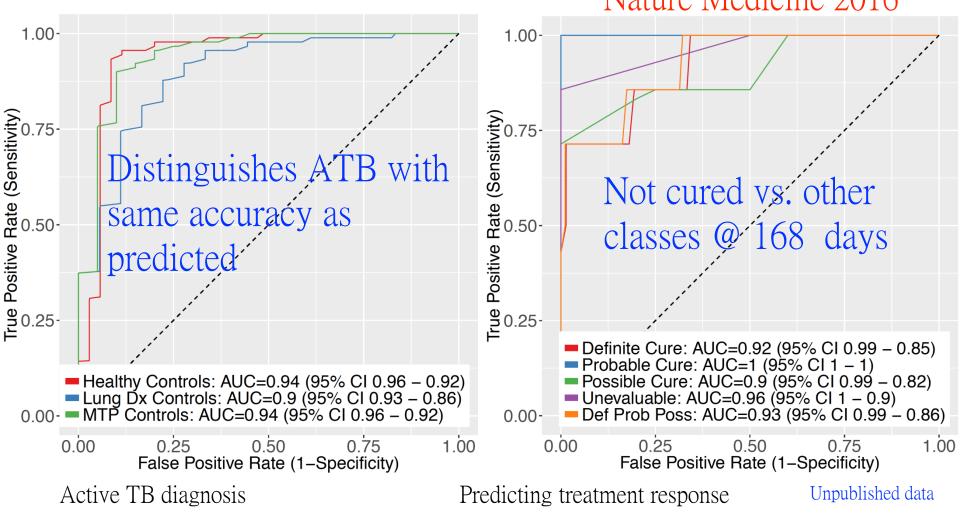
Real Data: 3-Gene Signature Maintains Accuracy in Active Case Finding Screen



- Prospectively enrolled in Brazil (Julio Croda and Jason Andrews)
- Active case-finding (low severity patients)
- PCR and culture-defined positivity

Persisting positron emission tomography lesion activity and *Mycobacterium tuberculosis* mRNA after tuberculosis cure

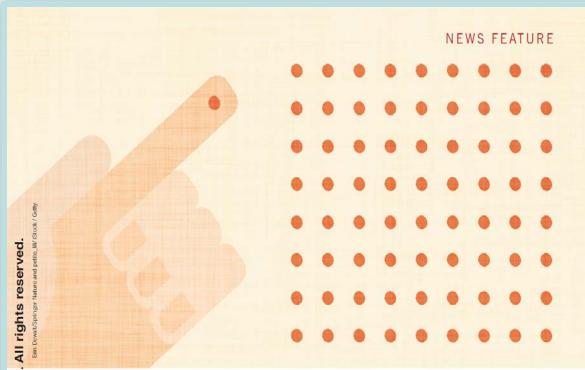
Stephanus T Malherbe^{1,2}, Shubhada Shenai³, Katharina Ronacher^{1,2}, Andre G Loxton^{1,2}, Gregory Dolganov⁴, Magdalena Kriel^{1,2}, Tran Van⁴, Ray Y Chen⁵, James Warwick^{6,7}, Laura E Via^{5,8}, Taeksun Song⁹, Myungsun Lee⁹, Gary Schoolnik⁴, Gerard Tromp^{1,2}, David Alland³, Clifton E Barry III^{1,2,5,8}, Jill Winter¹⁰, Gerhard Walzl^{1,2}, the Catalysis TB-Biomarker Consortium¹⁵ Nature Medicine 2016



Summary

- 3-gene whole blood signature
 - Seems able to distinguish ATB from LTB, other lung diseases and healthy controls
 - 2. Preliminary but successful validated using PCR in a prospective cohort for active case finding
 - 3. Can identify treatment non-responders at the end-of-treatment

After Theranos: What?



After Theranos

The implosion of blood diagnostics developer Theranos has raised the question: What is feasibly detectible in a drop of blood? Emily Waltz reports.

instruments, leading to errors, the newspaper reported. The next month, the CMS inspected Theranos' laboratory in Newark, California, and found numerous deficiencies, some of which posed "immediate jeopardy to patient health and safety," CMS said in a letter to the company (Box 1).

The agency banned Holmes from running a

Potentially a lot:

HIV qual for case detection and EID

HIV quant (Gates project)

Ebola (Gates funded)

HCV quant

Active TB?

Viral versus bacterial

t

Addressing the Dx Dilemma of TB

- Still very challenging given its nonspecific presentation and paucibacillary nature
- More sensitive detection methods may help
- Validation of non-pulmonary samples, including stool, may help
- Non invasive blood based signatures may hold promise to fill some of the gaps