Update on management of Malaria

Dr Owen Tsang
2 May 2017
IDIC forum

2015 Nobel Prize winner Tu You You 屠呦呦







Since the year 2000

Average malaria infection prevalence declined **46%** in children aged 2–10, from 26% to 14% in 2013.

The number of malaria infections at any one time dropped **26%**, from 173 million to 128 million in 2013.

Malaria mortality rates have decreased by **47%** worldwide and by **54%** in the WHO Africa Region.

World situation

Table 8.3 Estimated number of a) malaria cases and b) malaria deaths by WHO region, 2000, 2005, and from 2010 to 2013

(a) Number of cases (000's)	2000	2005	2010	2011	2012	2013
Africa	174 000	192 000	167 000	163 000	163 000	163 000
Americas	2 500	1 700	1 100	800	800	700
Eastern Mediterranean	14 000	10 000	9 000	11 000	10 000	9 000
Europe						
South-East Asia	33 000	34 000	28 000	28 000	27 000	24 000
Western Pacific	4 000	2 000	2 000	1 000	1 000	1 000
World	227 000	240 000	207 000	203 000	202 000	198 000
Lower bound	150 000	155 000	133 000	129 000	127 000	124 000
Upper bound	304 000	328 000	287 000	282 000	281 000	283 000
(b) Number of deaths	2000	2005	2010	2011	2012	2013
Africa	801 000	761 000	576 000	543 000	530 000	528 000
Americas	2 300	1 800	1 300	1 000	900	800
Eastern Mediterranean	17 000	13 000	12 000	13 000	12 000	11 000
Europe	3					
South-East Asia	53 000	50 000	46 000	44 000	43 000	41 000
Western Pacific	9 500	4 700	3 900	3 300	3 500	3 300
World	882 000	830 000	639 000	605 000	590 000	584 000
Lower bound	599 000	547 000	405 000	384 000	376 000	367 000
Upper bound	1 104 000	1 029 000	795 000	755 000	742 000	755 000

Source: WHO estimates

WHO proposed Artemisinin Combination Therapy in 2006

Figure 8.2 Projected changes in malaria incidence rates, by country, 2000–2015

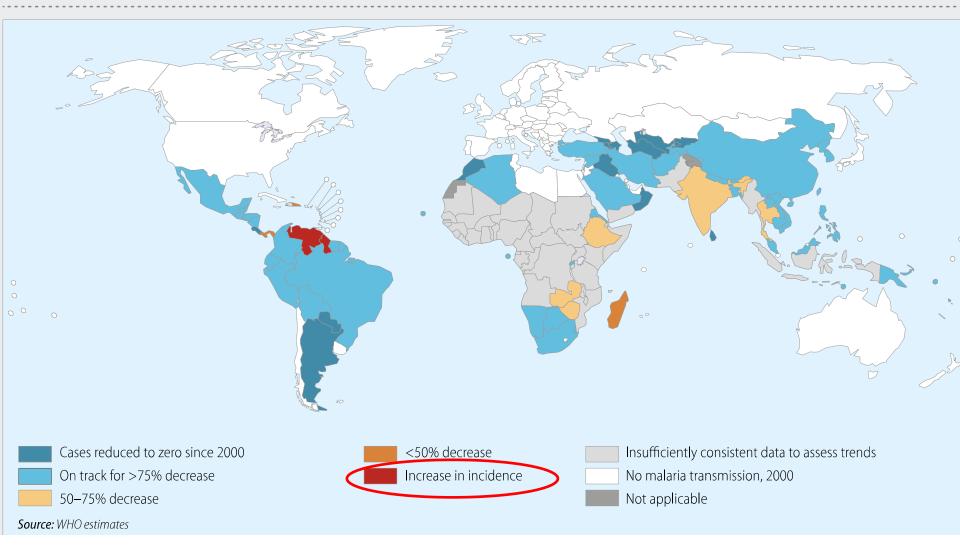
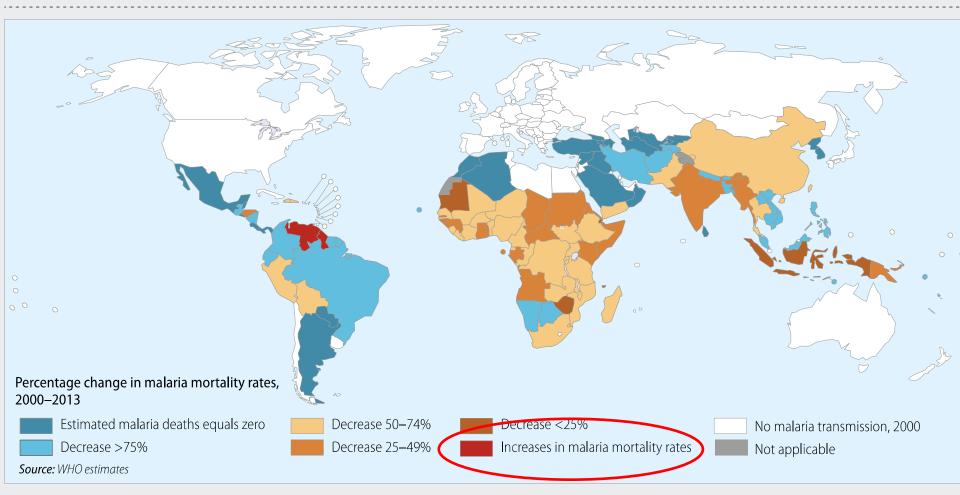


Figure 8.9 Percentage change in malaria mortality rates, 2000–2013



Hong Kong situation



1996

Malaria man died following 36-hour delay in treatment

PATRICIA YOUNG and MICHELLE CHIN

PUBLISHED: Saturday, 05 October, 1996, 12:00am UPDATED: Saturday, 05 October, 1996, 12:00am

A teacher died of malaria after his treatment was delayed for 11/2 days because a hospital could not process his blood test quickly and then failed to forward the results, an inquest heard yesterday.

SHARE

k 1

(#)

Simon Davies was airlifted to hospital after a private doctor suspected he had contracted the disease.

A 34 year-old Briton died from falciparum malaria after coming back from Burma

9

蚊叮奪命疑案專家作供 國泰空姐瘧疾遲送院枉死

2002

熱帶病專家鍾世文醫生昨出庭作供。 梁家亭攝



AA識

熱帶病專家鍾世文醫生昨出庭作供。 梁家亮攝



【本報訊】三十二歲國泰日籍空姐出勤往南非疑遭遽蚊叮,返港後不適及發 燒,到診所求醫惟未見好轉,最後入院證實染上瘡疾死亡。熱帶病專家昨在死 因庭作供指,若該名空姐能及早送院治理,獲救機會極高;由於瘧疾與鳳冒的 病徵相若,醫生對持續發燒病者應詢問其旅遊經歷及進行驗血,專家意見認為 機組人員甚至市民對瘧疾的知識明顯不足。

第二名替死者診斷的劉醫生表示,知道該空姐之前曾求醫但未見好轉,且連續 發燒四天,他經診斷後認為病人患咸冒,當時沒有詢問她的旅遊經歷及建議進 行驗血,只開出咸冒藥及建議兩日後覆診。

癔疾似感冒易誤診

熱帶病專家鍾世文醫生供稱,該空姐知念明子於去年十二月十一日深夜被送往 嘉勒撒醫院,由他負責診斷。病人當時神志不清,病況嚴重,其後證實患上一 種名為(Cerebral Malaria)的瘧疾,由於病人出現心律不正,曾替她進行換血



大,脾臟長度更達廿七厘米,是正常的 強症狀,超聲波檢查發現極。常時沒有發 機和發冷等典型應疾病徵,全蛇免疫力 類固醇給她治療其他疾病,令蛇免疫力 下降,應原蟲乘機大量繁殖、不穿五個月時間才 發燒和發冷等典型應疾病徵,至速度方 發燒和發冷等典型應疾病徵,全蛇免疫力 下降,應原蟲乘機大量繁殖、才驗血發 人多年前受感染,總庭基在體內獨 後。一直住在大埔的村屋,期間從沒有 健症狀,超聲波檢查發現她的肝脾發 燒症狀,超聲波檢查發現她的肝脾發 燒症狀,超聲波檢查發現她的肝脾發 燒症狀,超聲波檢查發現她的肝脾發 燒症狀,起聲波檢查發現她的肝脾發 燒症狀,是一當一人四人年也 一直性在大埔的村屋,期間從沒有 發症一直性在大埔的村屋,期間後沒有 發症。一直性不大埔的村屋,期間後沒有 發症。一直性在大埔的村屋,期間後沒有 發症。上面的血細胞數量減少,主動脈旁 一時。她的血細胞數是減少,主動脈旁 一時。此時不能

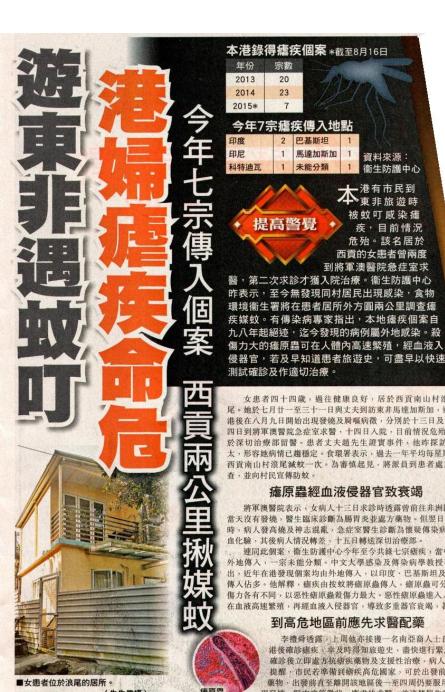
但病人一個月後再次因問歌性發燒 (但病人一個月後再次因問歌性發燒 方抗瘧疾藥物,三日後已將病人體內癰 嚴經三個月報追治療後開始消退。 衛生署表示,去年接獲威院呈報此 傷案,相信屬復發個案,病人早在多年個案,相信屬復發個案,病人早在多年 瘧原蟲潛伏廿載

絕迹最少廿年,未能確定她在本港或五出,文獻曾報道過四十年後甚至更長時出,文獻曾報道過四十年後甚至更長時間有後發傷案。署方指告來學系副教授李禮舜指出,確疾在港會發學系副教授李禮舜指出,確疾在港

十多年前在內地縣來越原蟲,但相信她 早在廿年前已受感來,處原蟲產也體內濟伏障,可能不斷攻擊 處原蟲在她體內濟伏障,可能不斷攻擊 樣因。

2006

衞生署近年接	獲的瘧疾個第
年份	個案
2006年(截至1月)	3
2005年	32
2004年	37
2003年	28
2002年	54
2001年	47



2015

- 44 years old lady with good PH
- To Madagascar 31/7 31/7
- 9/8: Fever, diarrhoea & vomiting
- 13/8: To AED, Dx: GE
- 14/8: To AED with confusion
- 15/8 To ICU in critical condition
- Subsequently discharged

April 2017

瘧疾是一種可致命的嚴重疾病,現時藥物可有效治療,但及早確診和治療對徹底治癒瘧疾尤為重要。根據瑪麗醫院昨天公布的資料,該名肇事女病人相信錯過治療的黃金時機。該病人仍在成人深切治療部留醫,情況危殆。院方會繼續跟進病人情況提供適切治療。

肝功能受損 出現腦水腫

瑪麗醫院發言人昨天公布一宗外地傳入 病人感染罕見及嚴重瘧疾個案,患者一名40 歲女子,她於上周三中午因咳嗽、發燒、喉 初診未透露上月遊非洲加納

港女染瘧疾失知覺命危

職痛及肌肉疼痛到瑪麗醫院急症室求診。分流護土曾詢問病人最近十日的外遊紀錄,病人表示並無外遊,醫生診斷病人患上上呼吸道感染,病人獲處方治療上呼吸道感染的藥物後離開急症室。

該名病人於本月1日早上,因為上腹部疼痛、嘔吐、血尿等症狀再到該院急症室。急症室醫生於上午8時半左右為她診治,並安排抽血檢驗,初步血液報告顯示其肝功能受損,於是安排病人轉往內科病房作進一步治療,其間急症室醫生再次查詢病人的病歷,病人表示曾於3月8日至16日到訪非洲加納。

病人中午左右轉抵內科病房,但下午情況 轉差,於下午2時十分失去知覺,需要急救及插 喉協助呼吸。及後腦部掃描證實病人出現腦冰 腫,而血液報告亦證實病人感染瘧疾,病人隨即 被轉往成人深切治療部,微生物學醫生亦到場會 診,並於下午4時半左右展開瘧疾的藥物治療。 應疾屬於須呈報的傳染病,應疾常見於非洲、東南亞及南美洲等氣候溫暖的熱帶及亞熱帶地區,市民如須前往有關地區,應注意防蚊,並在出發前最少六個星期諮詢醫生意見,以便採取預防措施及於需要時獲取預防據疾的藥物。

潛伏期可達數月或更長

一般而言,瘧疾的潛伏期會因應不同的致 病瘧原蟲種類而有所不同,通常在被受感染期 瘧蚊叮咬七至三十日天後出現病徵,但潛伏 明建數月或更長。患者通常有間歇性發燒、發 冷、冒汗、頭痛、疲倦、噁心、嘔吐及肌肉疼 痛等徵狀,併發症包括貧血、肝臟發痙攣、 竭、嚴重個案可引致腦部水腫、誘發痙攣、神 志不清及昏迷。如於並期間或回港後出現瘧 發、應立即來的遊期間或回港後出現瘧 錄,以便盡快安排治療。 一宗嚴重瘧疾個案時序費料來源:瑪麗譽院

3月8日至16日 一名40歲女子到訪非洲加納

3月29日中午 她因咳嗽、發燒、喉嚨痛及肌肉疼痛到 瑪麗醫院急症室求診,當時病人無向分

流護士提及曾外遊。醫生診斷病人患上呼吸道感染,獲處方治療藥物後離開

4月1日

上午8時30分

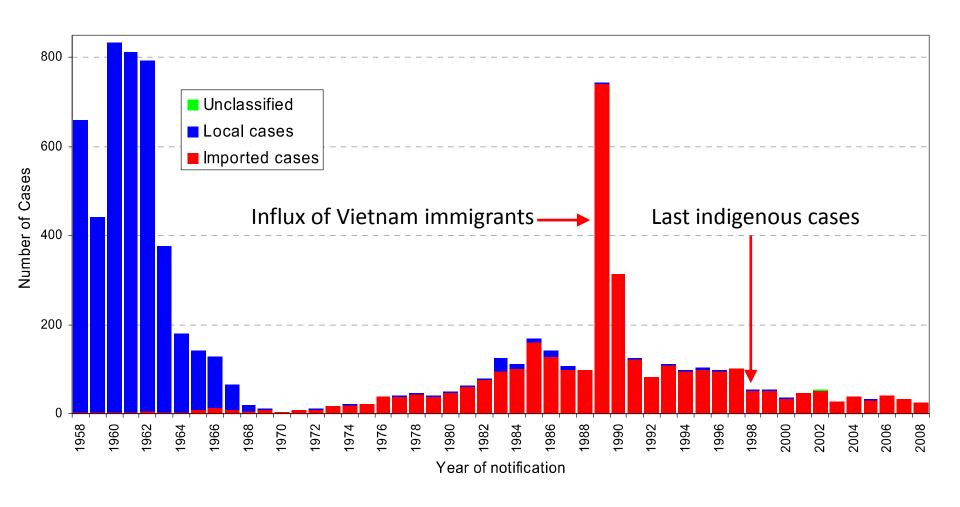
中午12時半 轉抵內科病房

下午2時10分 情況轉差,失去知覺,需要急救及插喉 協助呼吸,出現腦水腫。血液報告證實

感染症疾

下午4時30分 轉往深切治療部,開始瘧疾的藥物治療,現仍留醫,情況危殆

Hong Kong situation

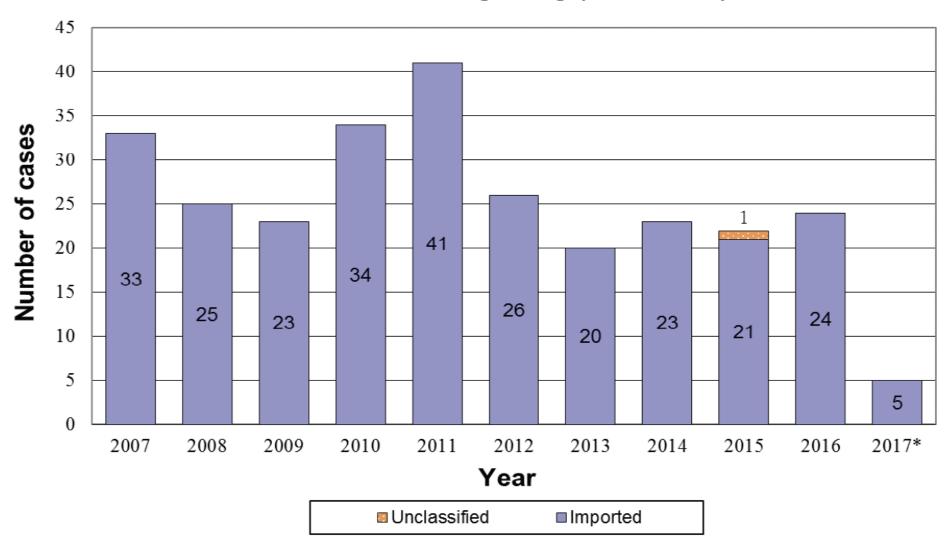


Place of origin of imported malaria cases (1999 – 2008)

From 1999-2008:

- Case fatality 2% (6 cases)
- PF: 5; PM:1
- Age 32 73
- 3 cerebral malaria, 2 bacterial pneumonia, 1 GN

Malaria cases in Hong Kong (2007-2017*)

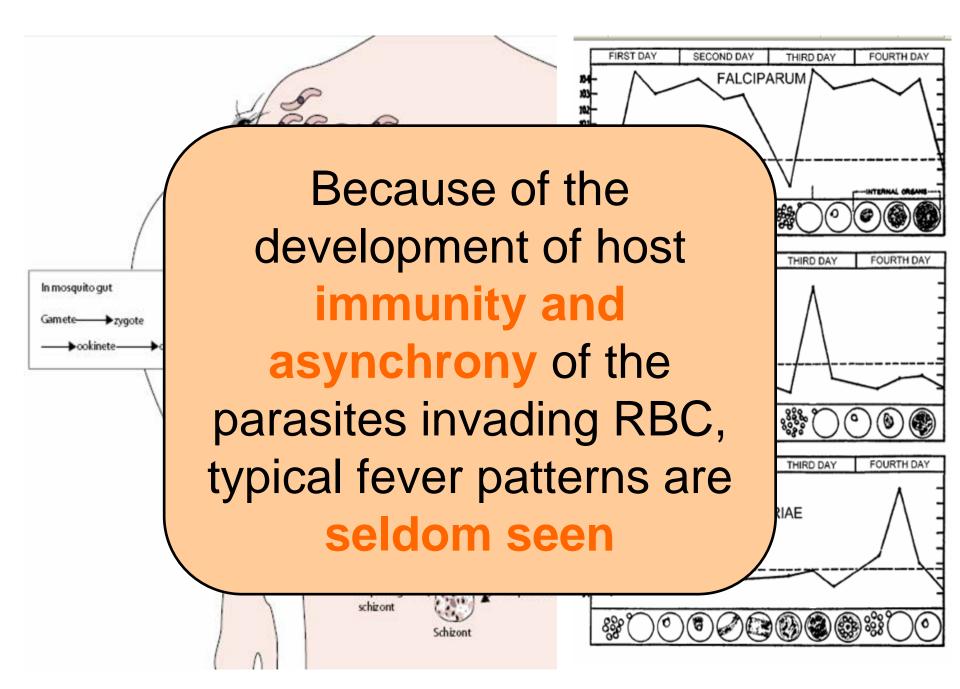


Difficult to make a diagnosis of malaria?

Yes or No

History and physical examination

- Typical clinifeatures: chi leadache, malaise...
- Typical fever pattern, Quantan
- Typical signs: spinoty, anemia
- Typical inculon period



Medium (11-21 days)

- Malaria (especially P falciparum)
- Leptospirosis
- Typhoid fever
- Pickatteinege: corub typhue enotted favor group O fever

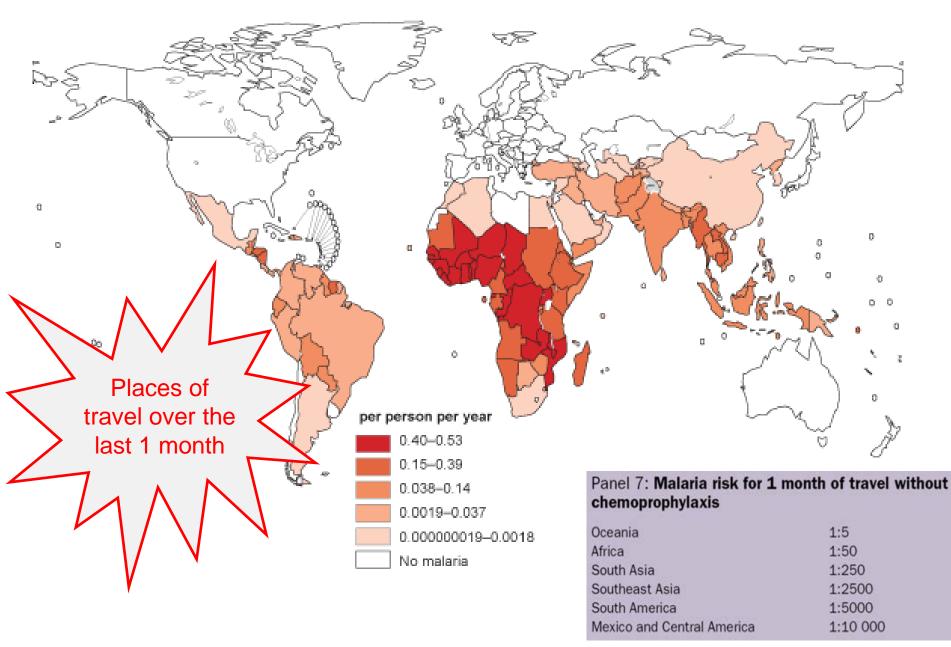
Incuk per

Difficult to predict malaria from the incubation period

- Amoebic liver abscess
- Leishmaniasis
- American trypanosomiasis

Disease Severity and Duration

vivax	ovale	malariae	falciparum
8-12	8-12	15-18	6-9
8-27	8-27	16->40	6-25
moderate to severe	mild	mild to moderate	severe
20,000	9,000	6,000	50,000- 500,000
50,000	30,000	20,000	2,500,000
3-8 weeks	2-3 weeks	3-24 weeks	2-3 weeks
5-8 years*	12-20 months*	20-50 years	6-17 months
++	+	++	++++
		renal	cerebral
	8-12 8-27 moderate to severe 20,000 50,000 3-8 weeks 5-8 years*	8-12 8-12 8-27 8-27 moderate to severe mild 20,000 9,000 50,000 30,000 3-8 weeks 2-3 weeks 5-8 years* 12-20 months*	8-12 8-12 15-18 8-27 8-27 16->40 moderate to severe mild mild to moderate 20,000 9,000 6,000 50,000 30,000 20,000 3-8 weeks 2-3 weeks 3-24 weeks 5-8 years* 12-20 months* 20-50 years ++ ++ ++



Spira AM. Lancet 2003;361:1459-69

Clinical

	Uncomplicated	Complicated	
Species	Any	Falciparum mostly	
Symptoms	Non-specific	Organs specific symptoms	
P/E	Mild anemia, Mild splenomegaly	ARDS, circulatory collapse, renal failure, liver failure, metabolic acidosis, hypoglycemia, DIC, severe anemia	
Parasitemia	< 5 parasites/ml of blood < 0.1% parasitized RBC	Hyperparasitemia: ≥ 1000 parasites/ml ≥ 5-10% parasitized RBC In Low transmission region: 5% In high transmission region: 10%	
Cytoadherence	No	Yes	
Cerebral malaria	Low risk	High risk	
Mortality	Low	Severe anemia: 1% Metabolic acidosis: 15% Coma: 18%	

Severe Falciparum malaria

≥ 1 of the following, i	n the presence of P. falciparum asexual parasitaemia & after excluding other causes
Impaired consciousness	GCS < 11 in adults or a Blantyre coma score < 3 in children
Prostration	unable to sit, stand or walk without assistance
Convulsions	> 2 episodes within 24 h
Acidosis	BE > 8 mEq/L, bicarbonate < 15 mmol/L or venous lactate ≥ 5 mmol/L.
Hypoglycaemia	Blood or plasma glucose < 2.2 mmol/L (< 40 mg/dL)
Severe anaemia	Hb \leq 5 g/dL or a HCT \leq 15% in children < 12 years of age (< 7 g/dL and < 20%, respectively, in adults) with a parasite count > 10 000/ μ L
Renal impairment	Cr > 265 μ mol/L (3 mg/dL) or blood urea > 20 mmol/L
Jaundice	bilirubin > 50 μ mol/L (3 mg/dL) with a parasite count > 100 000/ μ L
Pulmonary oedema	Radiologically confirmed or SaO2 < 92% on RA with RR > 30/min
Significant bleeding	Recurrent or prolonged bleeding
Shock	Compensated shock: capillary refill ≥ 3 s or temperature gradient on leg (mid to proximal limb), but no hypotension. Decompensated shock: systolic BP < 70 mm Hg in children or < 80 mm Hg in adults, with evidence of impaired perfusion (cool peripheries or prolonged capillary refill).
Hyperparasitaemia	P. falciparum parasitaemia > 10%

Treatment

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Malaria

Malaria



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IIA Cantral Committee on Infantions Discours	Ref No.	CCIDER-MALA-001 (V5)
HA Central Committee on Infectious Diseases	Issue Date	Dec 2002
and Emergency Response (CCIDER)	Review Date	Sept 2005 2011 August 2015 March 2016
Subject	Approved by	CCIDER
Fact Sheet on Malaria (with special reference to Falciparum Malaria)	Page	Page 1 of 7

Fact Sheet on Malaria

(with special reference to Falciparum Malaria)

HANDBOOK of INTERNAL MEDICINE

COC (Medicine) Hospital Authority

7th Edition 2015

In 20

MALARIA

Management of Acute Attack

- Anti-malarial chemotherapy should be administered as soon as the diagnosis is made
- Monitor blood for parasites and repeat testing is needed if the diagnosis is strongly suspected
- 3. Maintain fluid and electrolytes balance; avoid over-hydration
- Renal failure regime for blackwater fever; treat hypoglycaemia and/or shock if present
- Pulmonary oedema may develop, treated by prop up, oxygen, loop diuretic, veno-dilator; if hypoxic may need positive pressure ventilation
- 6. Avoid sedatives and corticosteroids
- Watch for relapse (usually within 2 months) and signs of peritoneal irritation (splenic rupture).

Anti-malarial Chemotherapy

A. Uncomplicated P. vivax, P. malariae and P. ovale

Chloroquine 600 mg base po stat

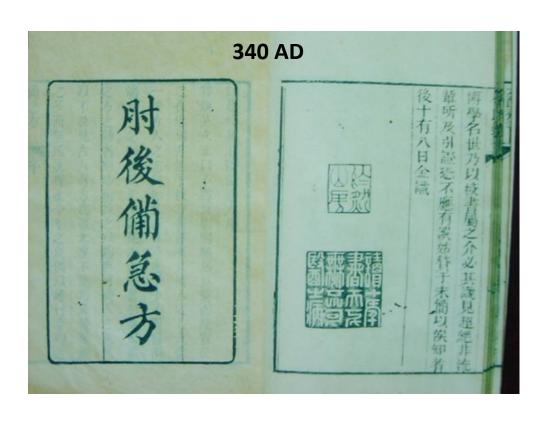
and 300 mg base 6 hours later

then 300 mg base daily for 2 more days

plus Primaquine 15 mg base (0.25 mg/kg) po daily taken with food for 14 days in P. vivax and P. ovale infection to eradicate hypnozoites in the liver.

- NOTE 1 Chloroquine-resistant *P. vivax* reported from Oceania, Indonesia and South America, treatment similar to that of *P. falciparum* malaria is required.
- NOTE 2 Primaquine-resistant P. vivax reported in South-east Asia and Western Pacific. An increased of the dose to 22.5 30 mg daily (or 0.5 mg/kg) is effective
- NOTE 3 Primaquine is contraindicated in pregnancy. In G6PD deficiency, primaquine is safe in dosage of 0.75mg/kg once a week for 8 weeks. Monitor Hb level.

History of Artemisinin



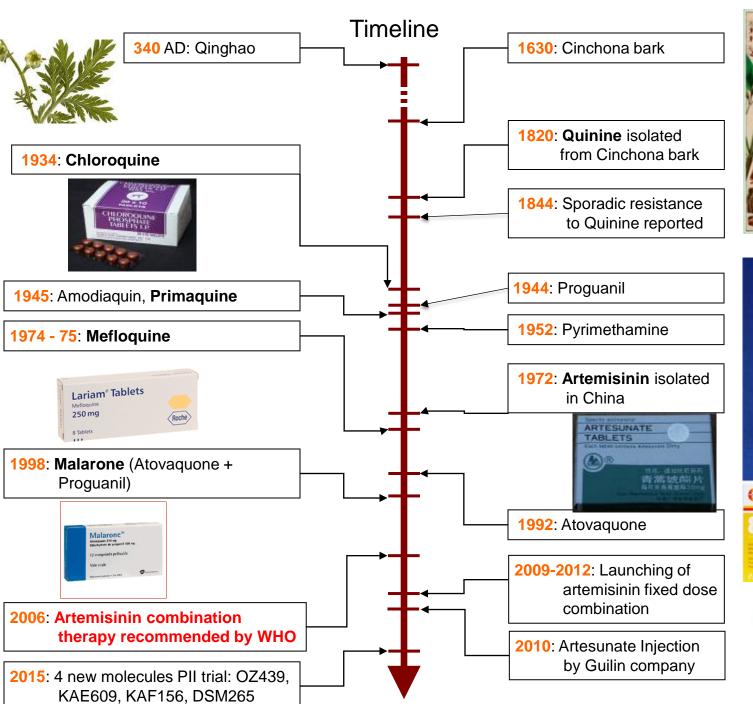


Emergency medicine

月五 日納

History of Artemisinin





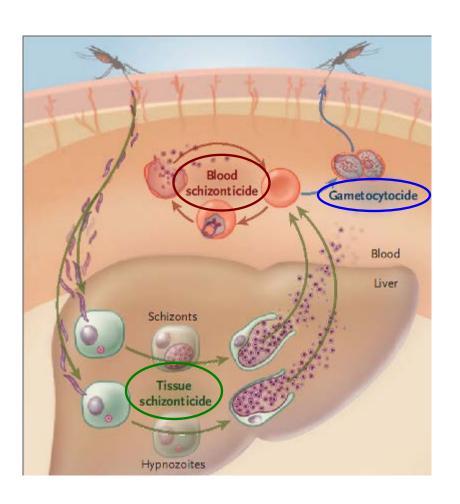






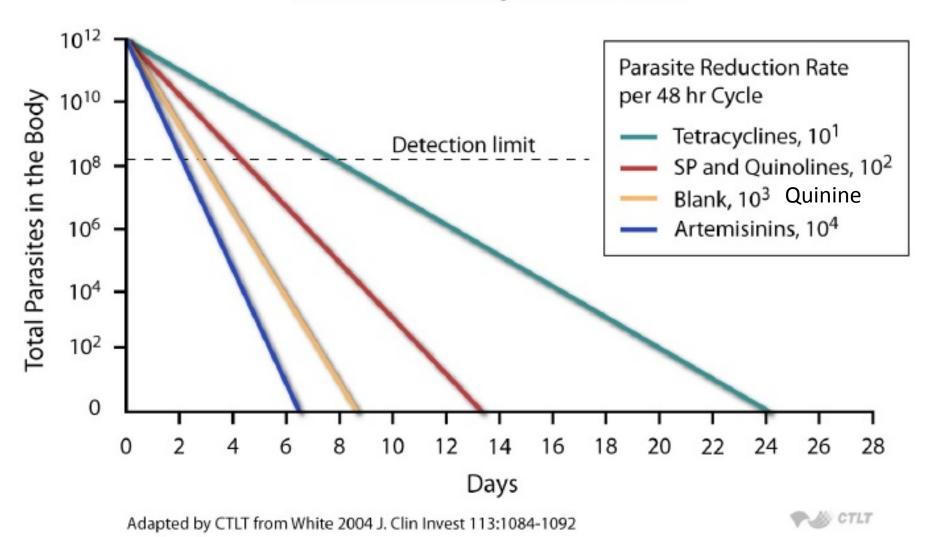


Mechanism of actions of anti-malarials



- Blood schizonticide:
 - Chloroquine,
 - Quinine,
 - Pyrimethamine/sulfadoxine,
 - Artemisinin,
 - Doxycycline
 - Mefloquine
 - Proguanil
 - Halofantrine
 - Lumefantrine
- Tissue schizonticide:
 - Primaquine
 - Proguanil
- Gametocytocide:
 - All species: Artemisinin, Primaquine
 - PV: Chloroquine, Quinine

How Fast Do Drugs Kill Parasites?



WHO guideline 2015

Condition	Treatment
Uncomplicated PF	Artemisinin-based combination therapies (ACT) \times 3d + 1 dose or primaquine
Uncomplicated PF in Pregnancy	1 st trimester: Quinine + clindamycin x 7d 2 nd or 3 rd trimester: ACT
Uncomplicated PF in HIV	Avoid Sulfadoxine (if Rx with septrin) & amodiqauine (interaction with EFV or AZT
Uncomplicated PV, PO, PM, PK	Chloroquine sensitive: ACT or Chloroquine Chloroquine resistant: ACT + Primaquine 0.25 – 0.5mg/kg x 14d or 0.75mg/kg QW x 8w (G6PD deficiency)
Severe malaria	IV or IM Artesunate x at least 24h until PO is tolerated, Rx x 3d

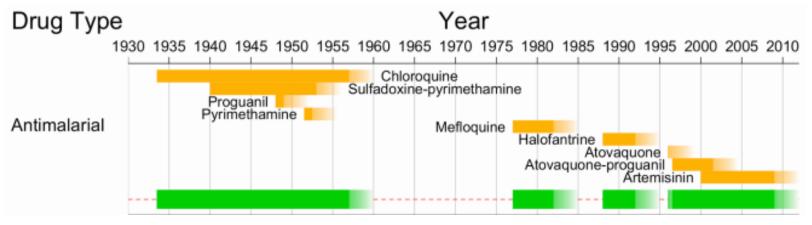
ACT

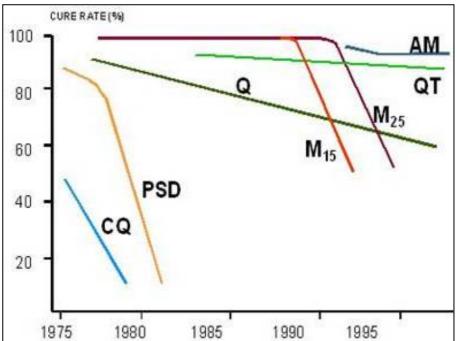
Table 11 Plasma half-lives of drugs used in artemisinin-based combination therapies

Antimalarial	t _{1/2} of artemisinin derivative	t _{1/2} of partner drug	Regions currently in use*
Artemether lumefantrine	~3 hr	4 -5 days	Africa, EM, SE Asia, WP and SA
Artesunate mefloquine	<1 hr	14 -21 days	Africa, SE Asia, WP and SA
Artesunate amodiaquine	<1 hr	9 18 days [‡]	Africa and EM
Dihydroartemisinin – piperaquine	45 min	~5 weeks	SE Asia
Artesunate pyronaridine§	<1 hr	16 days	NA
Chloroquine ^{II}	NA	1-2 months	Africa, EM, SE Asia, WP and SA
Sulphadoxine – pyrimethamine	NA	~4 days (S) or ~8 days (P)	Africa, EM (IPT in Africa, EM and WP)

Anti-malarial resistance

Anti-malarials resistance





AM: Artemisinin + Mefloquine

QT: Quinine + tetracycline

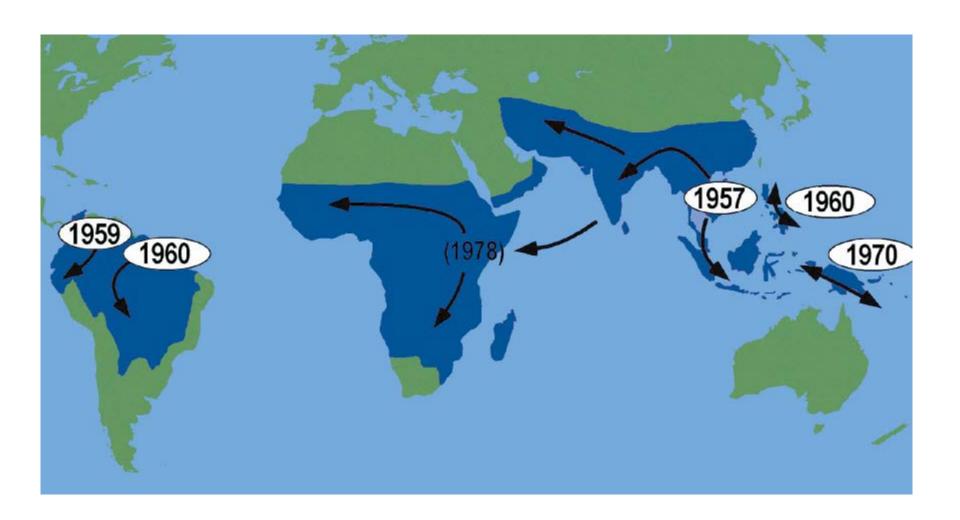
M₁₅: Mefloquine 15mg/kg

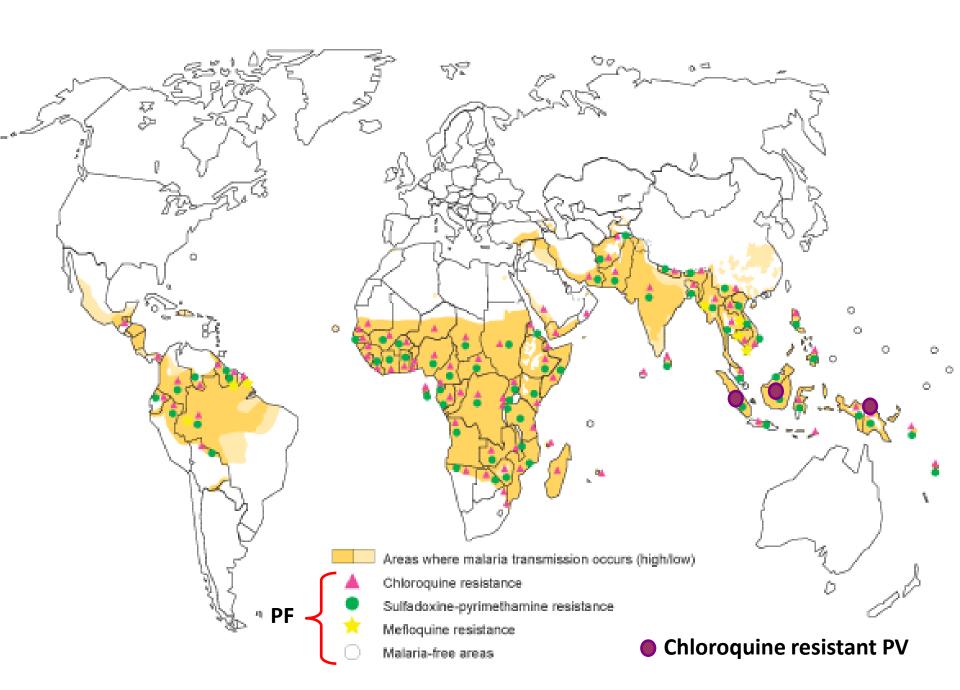
M₂₅: Mefloquine 25mg/kg

PSD: Pyrimethamine + Sulfadoxine

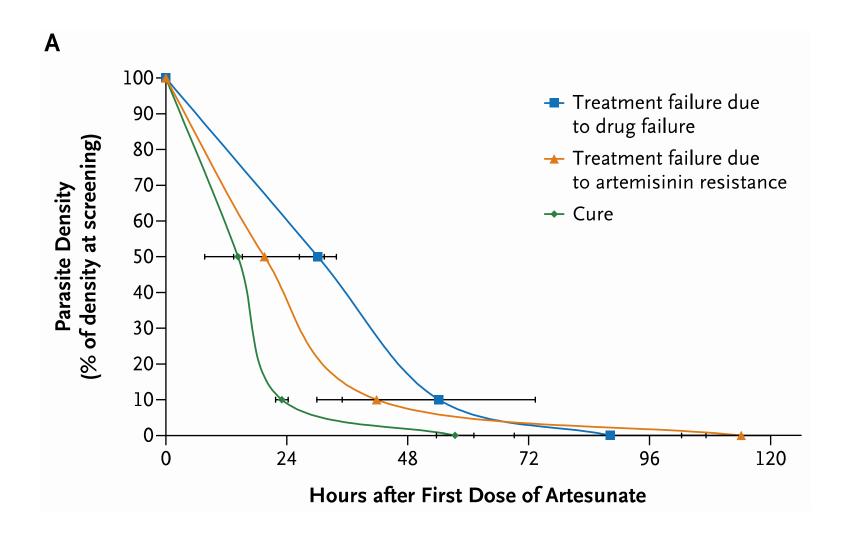
CQ: Chloroquine

Spread of Chloroquine Resistant Malaria

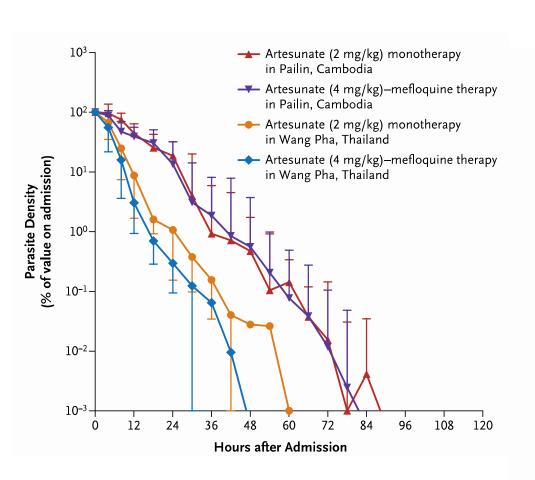


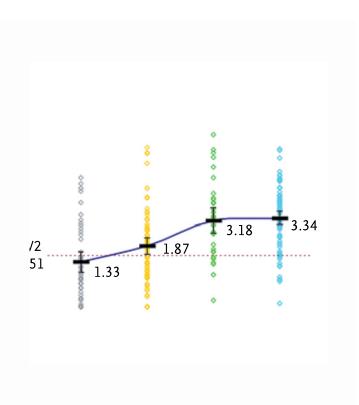


Artemisinin-Resistant Malaria in Western Cambodia

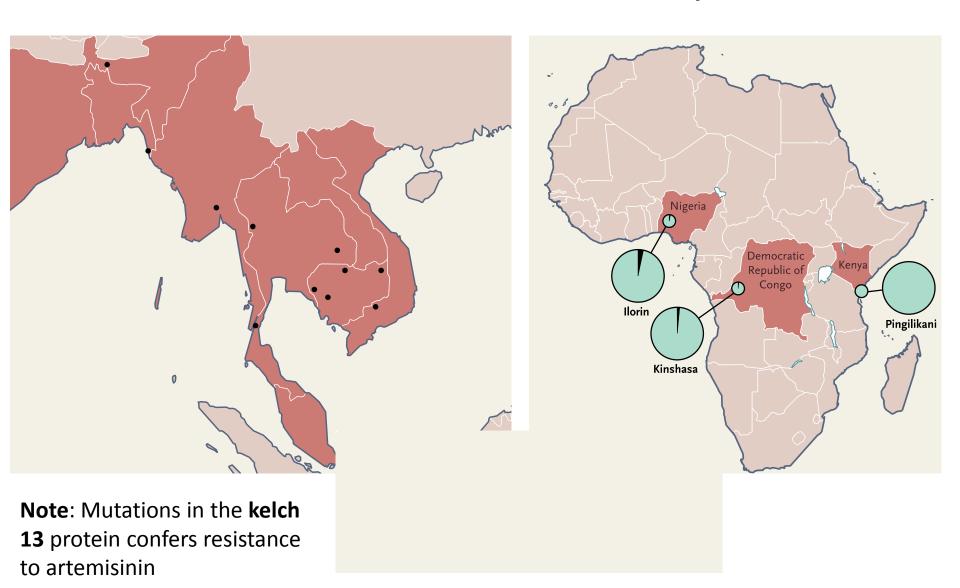


Artemisinin-Resistant in West Cambodia

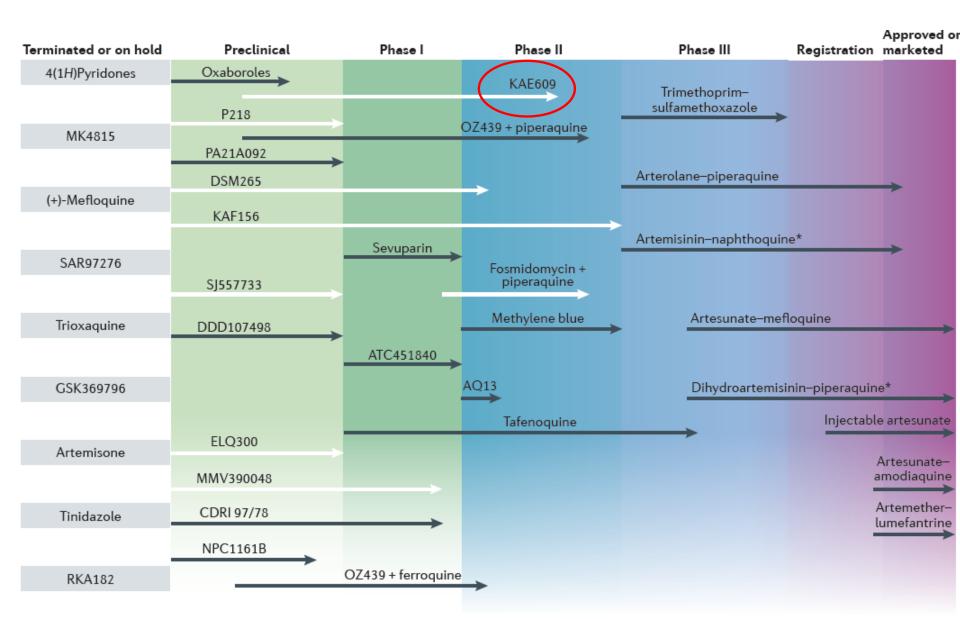


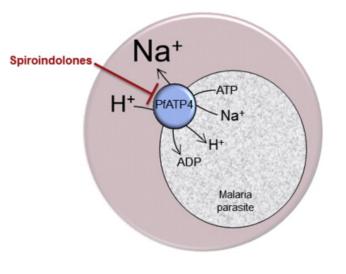


Artemisinin resistance has spread



New medications for malaria





The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

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VOL. 371 NO. 5

Spiroindolone KAE609 for Falciparum and Vivax Malaria

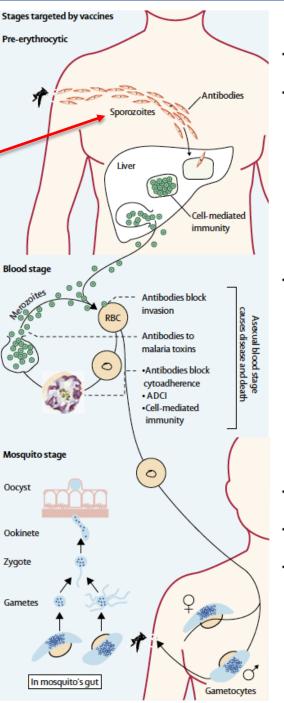
Nicholas J. White, F.R.S., Sasithon Pukrittayakamee, M.B., B.S., D.Phil., Aung Pyae Phyo, M.D., Ronnatrai Rueangweerayut, M.D., François Nosten, M.D., Podjanee Jittamala, M.D., Atthanee Jeeyapant, M.Sc., Jay Prakash Jain, Ph.D., Gilbert Lefèvre, Ph.D., Ruobing Li, M.D., Baldur Magnusson, Ph.D., Thierry T. Diagana, Ph.D., and F. Joel Leong, M.B., B.S., D.Phil.

- Inhibit PfATP4, ie parasite membrane NA-ATPase that regulate Na & osmotic homeostasis
- Vs both sexual & asexual forms
- Parasite clearance t1/2 for both Pf & Pv within an hour, only < 1% of Pf treated with artesunate can achieve that within an hour
- Reliable absorption and T1/2 of 20.8h, allowing QD dose
- Main S/E: nausea & vomiting, but not leading to discontinuation

Table 1. Parasite Clearance in Cohorts of Patients with *Plasmodium vivax* or *P. falciparum* Infection.

End Point	P. vivax Cohort (N=10)	P. falciparum Cohort (N=11)
		hours
Time to clearance of asexual parasitem	nia	
50% clearance	8	12
99% clearance	12	16
100% clearance	30	16
Time to parasite clearance		
Median	12	12
Interquartile range	8–16	10–16
Parasite clearance half-life		
Median*	0.95	0.90
Interquartile range	0.85-1.14	0.78-1.07
Range	0.68–2.01	0.68–1.64

Malaria vaccine



Goals of vaccination

- Prevent disease by blocking infection before emergence from liver
- Reduce disease by a vaccine that combines partly effective pre-erythrocytic and bloodstage components

Target population and situation for vaccination

- Non-immune travellers and residents in areas of low transmission (eg. India)
- Children and pregnant women in areas of high transmission (eg, Africa)

- Reduce disease by reducing blood- stage asexual parasite burden
- Children and pregnant women in areas of high transmission (eq, Africa)

Prevention of transmission

- Eradication
- · Limit spread of parasites resistant to vaccines
- Prevent epidemics in areas of unstable malaria transmission
- Entire community in isolated areas of low transmission
- In combination with blood-stage or pre-erythrocytic vaccines in any situation
- Entire population before high transmission season

Philippe Van de Perre, Jean-Pierre Dedet. Lancet 2004; 364:1381-2

MHO/TDR. Reproduced with permission from "Malariat ransmission blocking varcine: an ideal public good

Efficacy and safety of RTS,S/AS01 malaria vaccine with or without a booster dose in infants and children in Africa: final results of a phase 3, individually randomised, controlled trial



RTS,S Clinical Trials Partnership*

Summary

Background The efficacy and safety of the RTS,S/AS01 candidate malaria vaccine during 18 months of follow-up have been published previously. Herein, we report the final results from the same trial, including the efficacy of a booster dose.

Lancet 2015; 386: 31-45
Published Online

- Vaccine efficacy was modest 32.2% (95% CI 13.7–46.9)
- But efficacy was detected against:
 - Malaria hospital admission (34.6%, 22.5–44.9)
 - All-cause hospital admission (16.5%, 7.2–24.9).

WHO: Malaria vaccine to be 'real life' tested in Africa

Ghana, Kenya and Malawi to start large scale trial of RTS,S injectable vaccine in 2018.



Africa suffers the most from malaria [File: Jon Hrusa/EPA]

The world's first malaria vaccine will be available in selected areas of Ghana, Kenya and Malawi from 2018, according to the World Health Organization (WHO).

The UN body's regional office for Africa said in a statement on Monday that RTS,S injectable vaccine was developed to protect young children from the deadliest form of malaria caused by Plasmodium falciparum.

Thanks

